

**Issue 34**  
**September 2006**

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# Planning FOR REAL



**A**s a community or voluntary group, have you heard about the consultation method called 'Planning for Real'?

During the last few months, the Talysarn and Nantlle Community First Partnership have been planning to hold this type of activity, and over the coming months a consultation will be carried out.

Work on the project started back in March when a number of the partnership members attended a course on how to conduct a consultation using the 'Planning for Real' method. Three sub groups were formed to organise and plan the work. They have been meeting on a regular basis and feeding back to a Steering Group. The first step involved building a 1:500 scale model of the consultation area, i.e. the villages of Talysarn and Nantlle. This was done by children from the local junior schools. There was also a need to translate some of the material received from 'Planning for Real' in prepara-

tion for the consultation. The next step involved the inhabitants of Talysarn and Nantlle. The model was erected and set up in a central location where the villagers had the opportunity to state their views and make suggestions as to what improvements they would like to see in their community. They did this by using the small suggestion cards received and placing them on the model.

At the end of the consultation meeting, the cards will be sorted under different headings ready for the next step. This involves a number of the people who attended the consultation meetings being invited back to prioritise the suggestions and recommendations made.

The next stage, following the consultation period and the process of prioritising the

information gained, an Action Plan will be created for the area. This will set out the aspirations of the wider community, identifying the issues of concern and prioritising any actions the community wishes to take forward to address these problems.

Therefore if you live in either Talysarn or Nantlle, be prepared to take part. An open meeting will be held in your area in the coming months and if you want to influence any development this is your opportunity.

A leaflet will be distributed around the villages informing you of when and where the consultation will take place - watch out for these.



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#### VOLUNTEER BUREAU TEAM

VOLUNTEERING OFFICER: **Ann Angharad Fleming**

## A Note from the Chief Officer



We welcome a new member of staff and say goodbye to another in this edition of Mantell. Ann Jones who had been a Training and Development Officer at Mantell for the past four years left us to take up a post with Cymdeithas Tai Clwyd. We wish her well and thank her for her friendship and hard work during her period with us at Mantell. Lindsey Ellis has taken over from Ann and, like Ann, Lindsey will be based at our Dolgellau Office. Lindsey originates from the Cerrygydrudion area but now lives in Llanuwchllyn. She had been working with Menter Iaith Dinbych since 2004. Welcome to Mantell Lindsey, we wish you well and offer you every support!

The work of Mapping the Voluntary Sector in Gwynedd is almost at a conclusion now. You will recall we commissioned the work in January of this year and look forward now to launching the final version in September. It has been a truly mammoth task as the sector is so large and so very diverse in nature throughout Gwynedd. We had an almost 18% response to the questionnaire and I thank all of you most sincerely for your co-operation and support with this work. At a time when we are inundated with questionnaires and paperwork requiring a response I think we did extremely well to achieve such a high percentage response. The findings are most interesting and this will be a tool from which Mantell will be able to plan support for the sector in Gwynedd for the future. One of the main purposes of the work was to identify strengths and weaknesses within the sector in Gwynedd and identifying these gaps will enable Mantell to better support the sector. It is an extremely valuable piece of work and what has become apparent is that the policy/political climate is extremely favourable for the sector in Wales. Strategic documents such as the 'Social Enterprise Strategy 2005', 'Wales: A Better Country', 'Wales: A Vibrant Economy' and 'Making The Connections' - all recognise the role and value of the Third Sector in Wales. This is positive news for us all working within the sector in Wales.

Once again, we are approaching Annual General Meeting time at Mantell. This year we will be meeting at the foot of the Rivals in the wonderful Nant Gwrtheyrn. I extend a warm welcome to you to join us at Nant Gwrtheyrn. It is a magical location, steeped in history and I can only hope that the spirit of Gwrtheyrn will be looking over us for a worthwhile meeting. I look forward to seeing you.

Until Next Time...

*Bethan Russell Owen*

## empower

Empower, Support for the Voluntary Sector is arranging fundraising training and advice from a professional fundraiser across Wales throughout the Autumn. We are looking for suitable community venues from which we could host the event. Our minimum requirement is:

- Training space for up to 30 people with rooms for break out groups.
- Full disabled access, parking and a power point.
- Space for us to provide lunch.

In line with our commitment to develop sustainability in the voluntary and community sector we are keen to pay a fair fee to a community group for the use of their venue.

We would need the venue for a full day and the event is likely to run on either a weekday or a Saturday.

**If you have a venue that is suitable please contact Bev on 01874 730067 or email [info@empowersvs.co.uk](mailto:info@empowersvs.co.uk)**



dawns i bawb

There's a golden opportunity in Porthmadog to do some ball-room dancing with Colleen Dobbins (who

used to work in the Fred Astaire Dance Studio in Seattle) at the Glaslyn Leisure Centre, Porthmadog every Wednesday between 1:00pm and 3:00pm for 6 weeks starting September 13th. Dawns i Bawb, the community dance organisation is responsible for setting up the sessions and are encouraging 50+ age groups to join. Enjoyment and fitness rolled into one!

For further information contact Dawns i Bawb, Galeri, Caernarfon on: **01286 685220** or e-mail: **[post@dawns-i-bawb.org](mailto:post@dawns-i-bawb.org)**

## Barnardo's

**B**arnardo's Amser Ni Service is looking for volunteers across Gwynedd to support disabled children and young people and their families to attend leisure activities and local groups.

We are also looking for helpers for our Clebran group, which meets every month enabling disabled children and young people to have their say about the services they receive.

So if you have a few spare hours a week contact Frances

Parry, Volunteer Co-ordinator at our office in 14 High Street, Caernarfon on **01286 675847** or phone **07810 570616** for more information.

We are holding an **Information Session** in the Barnardo's Shop in Caernarfon on **Saturday 28th October between 11.00 - 3.00**. It will be an opportunity for you to meet staff and get more information regarding volunteering opportunities in Gwynedd.

## Meeting Of The Voluntary Sector Partnership Council

The Voluntary Sector Partnership Council, which is established under the Assembly's Voluntary Sector Scheme, met on Monday 12 June to discuss issues affecting the sector in Wales.

At the meeting, the Minister for Social Justice and Regeneration, Edwina Hart, informed the sector that the new Disadvantaged Groups Development Fund will be delayed and will be consulted upon over the summer.

It was agreed at the meeting that the Assembly will work closely with the sector in developing arrangements to consult on the Child Poverty implementation plan. An 'open door' policy will operate for this consultation and the Assembly will work closely with the End Child Poverty Network Cymru, WCVA and others to reach as many interested groups as possible.

A similar partnership approach was agreed for work around the Treasury review of the third sector, following representations from WCVA that this review could offer benefits and opportunities for Wales.

Other notable decisions included an agreement from the Minister to look into taking forward work on accessible meetings. The Minister will also hold discussions with the Deputy Minister, Huw Lewis, on the voluntary sector's role in implementing the Indebtedness in Wales action plan.

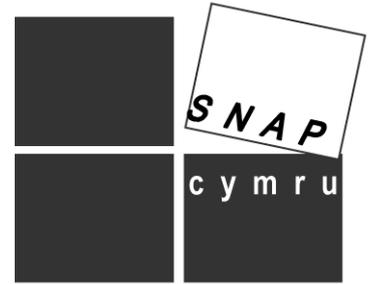
Next meeting will be in Cardiff on **13 October 2006**. For minutes and more information contact: [www.wcva.org.uk](http://www.wcva.org.uk) or [rstafford@wcva.org.uk](mailto:rstafford@wcva.org.uk)

## Healthy Eating Group

The Abbey Road Centre is looking for Volunteers interested in supporting an eating disorders group called the Healthy Eating Group which will be holding monthly meetings and a weekly helpline to support young people and adults who suffer from an eating disorder, and to offer support to family and friends of a sufferer.

The group and helpline will be based at the Abbey Road Centre in Bangor,

and we are offering full training and expenses to our volunteers. If you would like more information or a registration form please contact the Volunteers Bureau in Caernarfon on **01286 672626**, Meinir at the Abbey Road Centre in Bangor on **01248 354888** or Ann at Medrwn Môn in Llangeifni on **01248 724944**.



SNAP Cymru is the leading Parent Partnership service in Wales providing information, advice and practical support related to additional needs and / or disability and / or exclusions.

We offer courses in SEN Induction, Basic Information Technology and Telephone Helpline Skills (all funded by the ESF).

SNAP Cymru are launching a new Telephone Helpline in September 2006 daily between 10.00am and 4.00pm and between 10.00am and 8.00pm on Wednesdays and Thursdays. The number will be:

**0845 120 37 30**

We are currently looking for volunteers to help us ensure that this new development is a success by answering the telephone in our office during the day and some evenings as required. Training and support is given to all our volunteers.

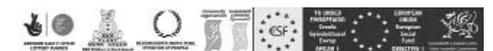
For more information regarding our services, training or volunteering opportunities please contact us at:

**SNAP Cymru**, Unit 12a, Llys Onnen, Ffordd y Llyn, Parc Menai, Bangor, Gwynedd

**Ffôn: 01286 674999**

**Ffacs: 01286 674998**

**E-mail: [gogledd@snapcymru.org](mailto:gogledd@snapcymru.org)**



**Cruse Bereavement Care** is hoping to run a 48 hour training course teaching bereavement counselling skills in either Bangor or Caernarfon possibly in mid autumn or early in the New Year. We are very much in need of Welsh speaking volunteers. To register your interest or to find out more then please contact Trish on **08702 402 758** or e mail: [crusenorthwales@btconnect.com](mailto:crusenorthwales@btconnect.com)

## Volunteers' Week

1st - 7th June 2006

Volunteers' Week once again proved to be a busy and successful week - with the sun shining each day, and we as the **Gwynedd Volunteer Bureau** team had the chance to visit various locations from Bangor down to Tywyn. It was an opportunity to raise awareness about our work, as well as encouraging members of the public to consider volunteering.



Elaine Davies (from the organisation **O Ddrws i Ddrws**) with Lola and Ann (Gwynedd Volunteer Bureau) at the information stall on the square in Pwllheli.

As always the highlight of the week was the **'Celebration Tea'**, and this year around 40 people spent a perfect summer's afternoon at Craflwyn Hall in Beddgelert. Our guest speaker was Councillor Richard Parry Hughes - leader of Gwynedd Council (our gratitude to him for attending the event on his birthday!!)



Enjoying Tea at Craflwyn!

However, a pleasurable task awaited him as a number of volunteers were to receive recognition for their commitment and hard work. 4 volunteers were presented with the 'Wales Volunteer of the Year' certificates.



Marianna Sterecka, Eleri Jones and Rhian Ellis and their 'Wales Volunteer of the Year Highly Commended Certificates' with Richard Parry Hughes. Tom Jones (from Bangor) was one of the national winners - unfortunately absent from the photograph

5 young people from Gwynedd also received awards under the Millennium Volunteer Programme.



Nadine Hughes having received her 'Award of Excellence' from Richard Parry Hughes. Unfortunately, Manon Williams was unable to attend



Jessica Rendell with her Millennium Volunteer's Certificate. Also receiving the same award, but were unable to attend on the day were David Kyle Owen and Eleri Jones.

## VOLUNTEERING FAIR

An Important Event!

**WEDNESDAY, 25th  
OCTOBER 2006.**

**Students' Union Building  
University of Wales Bangor.  
11.00am until 5.00pm**

To mark **'Make a Difference Day'** (which is celebrated annually on the last Saturday in October), this year the Gwynedd Volunteer Bureau are working with other organisations to organise a 'Volunteering Fair'.

This will be an excellent opportunity for organisations to promote their work, as well as to recruit new volunteers

We aim to have a day to remember -  
**a warm welcome to ALL**

For more information, contact  
the **Gwynedd Volunteer Bureau**  
on: 01286 672626 or 01341 422575

## AN OPPORTUNITY TO RECOGNISE THE CONTRIBUTION MADE BY VOLUNTEERS

### VOLUNTEER AND JUSTICE AWARDS 2006

A chance to nominate individuals who deserve recognition for their outstanding commitment working with the Criminal Justice Service.

**Closing date for nominations:  
Friday, 15th September**

For nomination form please contact  
Kelly Parsons - **01745 588 508**

### THE QUEEN'S AWARD FOR VOLUNTARY SERVICE 2007

Do you know of a group of volunteers who make a difference in your community, who devote their time to helping others? It's easy to nominate them for an award, as long as you do so **before 30th September 2006.**

**Visit:**  
[www.queensawardvoluntary.gov.uk](http://www.queensawardvoluntary.gov.uk)  
**or call:**  
**0845 000 2002**

## The Strategy for Social Services in Wales over the next decade - 'Fulfilled Lives, Supportive Communities'

A draft new strategy for social services in Wales which will expect more consistent high quality services for those in need and greater links with the community to promote independence and well-being was launched by Health and Social Services Minister Dr Brian Gibbons on Thursday 3rd of August.

For a copy of this consultation document, log on to:

<http://new.wales.gov.uk/news/pres-releasearchive/030806cons?lang=en>

**The consultation period extends to Wednesday 15 November, 2006.**

If you have any queries please Jonathan Isaac on **029 20801089** or at [Jonathan.Isaac@Wales.gsi.gov.uk](mailto:Jonathan.Isaac@Wales.gsi.gov.uk)

## Commissioner For Older People In Wales Draft Regulations

The Welsh Assembly Government made a commitment, as part of its election manifesto for the 2003 Assembly elections, to create a Commissioner of Older People in Wales with the intention of appointing a first ever Commissioner for Older People in Wales during 2007.

The Commissioner will be an independent office holder and will work to ensure that the interests of older people in Wales are safeguarded and promoted. The Commissioner will be able to act as a source of information, advocacy and support for older people and will encourage best practice in their treatment.

Importantly, the Commissioner will also ensure that older people themselves

can influence the way in which important public services are managed and delivered in Wales.

Copies of this consultation document can be obtained by phoning **029 2082 3096** or <http://new.wales.gov.uk/topics/olderpeople/olderstrategy/?lang=en>

You are invited to comment, either in writing to - Consultation: Commissioner for Older People in Wales, Older People and Long Term Care Policy Directorate 4, Welsh Assembly Government, Cathays Park, CARDIFF CF10 3NQ or by email to [Commissioner.olderpeople@wales.gsi.gov.uk](mailto:Commissioner.olderpeople@wales.gsi.gov.uk) before **Friday 20 October 2006**.

## Carers Week 12 - 18 June 2006

Carers Outreach Service celebrated Carers Week this year with a number of successful events throughout Gwynedd. Two 'Carers Speak Out' days were held.

These events were attended by a number of carers as well as local councillors and social workers.

Other activities for carers were coffee mornings (in Bangor and Dolgellau) and a day in Betws-y-Coed with a chance to walk, shop and chat over lunch.

Through the kindness of other organisations it was possible to have a display in a window of the Mantell Gwynedd office in Caernarfon and a presence on the WRVS Information Desk in Ysbyty Gwynedd throughout the week. There was also a stand on Friday morning in the Deiniol Centre, Bangor.

It is hoped that these have helped to raise the profile of the organisation and let more people know that Carers Outreach Service is here to help unpaid carers.

## Gwynedd Domestic Abuse Forum

Gwynedd Domestic Abuse Forum, which is a part of Gwynedd Community Safety Partnership, is a multi-agency forum which includes the Police, Women's Aid, Gwynedd and Ynys Môn Victim Support, Health Service, Housing Associations, Education Department, Alcohol and Substance Misuse Team and Abbey Road Centre. The main objectives of the Forum are to raise awareness about domestic abuse, share information and good practice, training, respond to consultations etc. It is hoped that sufferers will become more willing to report domestic abuse and that perpetrators are held accountable.

The Forum is held every two months in Dolgellau and Caernarfon. If you wish to join the Forum please contact Anita Myfanwy, Gwynedd Domestic Abuse Co-ordinator on 07769912479 or Meinir Evans, Abbey Road Centre, on 01248 354 888 or [meinir@abbey-roadcentre.co.uk](mailto:meinir@abbey-roadcentre.co.uk)

## PNI-UK-Wales

PNI-UK-Wales supports mothers and their families who are dealing with the traumatic effects of Peri-natal illnesses, whether it be Ante-natal Depression, Birth trauma, Post-natal Depression or Puerperal Psychosis. We are based in the Gwynedd area and trying to establish a network / group of people here.

For more information please contact Sherry Sherwin on **0787 543 6387**. If you or someone you know needs support please get in touch.

## LAUNCH OF THE INFORMATION DESK - YSBYTY GWYNEDD

The Information Desk located at Ysbyty Gwynedd which is now operational will be officially launched on **Friday September 29 at 2 pm by Hywel Williams MP.**

For more information on any of the above items please contact Sioned Larsen at Mantell Gwynedd on: **01286 672626** or [sioned@mantellgwynedd.com](mailto:sioned@mantellgwynedd.com)

# Training and Events

## Mantell forthcoming events:

### SEPTEMBER 2006

**21 September**      **Information evening with the Big Lottery Fund**  
6.30 - 9.00pm - Celtic Royal Hotel, Caernarfon

**27 September**      **Team Building**  
10.00am - 4.00pm - Oriol Plas Glyn y Weddw, Llanbedrog, Pwllheli

### OCTOBER 2006

**12 October**      **Proper Participation Training**  
10.00am - 4.00pm - Sportsman Hotel, Porthmadog

### NOVEMBER 2006

**7 November**      **Responsibilities Workshop for Small Voluntary Groups Officials**  
7.00 - 9.00pm - Hercules Hall, Portmeirion

## Charity Commission

### Surgeries

**Mantell Gwynedd, Caernarfon**  
**NOVEMBER 23rd, 2006**

This is a rare chance to meet a representative from the Charity Commission face to face. If you've any issues you'd like to discuss with them, such as:

- Changing the objects
- Substantially changing the governing document
- Disposal of land/property
- Permanent endowment
- Trading
- Dissolution of charity
- Payment of trustees
- Advice about charity activities

Short sessions will be available throughout the day

If you'd like more details about any of the training/events above or if you'd like to discuss your organisation's training needs, contact: **Lindsey Ellis, Support and Training Officer, Mantell Gwynedd, Yr Hen Orsaf Heddlu, Y Lawnt, Dolgellau LL40 1SB**  
Phone: 01341 422575 or e-mail: [lindsey@mantellgwynedd.co.uk](mailto:lindsey@mantellgwynedd.co.uk)

## Training and Events WCVA

**02 October 2006**      **Wales Voluntary Sector Funding Conference**  
Galeri, Caernarfon

This conference will address a wide range of topical funding issues facing the voluntary sector in Wales. It will provide an opportunity to hear directly from a wide range of funders and high profile speakers on the funding issues that affect you.

## COMING EVENTS IN THE FIELD OF HEALTH AND WELL-BEING

### Health & Well-being of the Voluntary Sector Workforce

2 events are scheduled for the near future to promote health and well-being of the voluntary sector workforce. One event will be held in the Bangor area and the other in Dolgellau - more details will be available in due time.

### Learning Disability Wales Annual Conference and AGM

Metropole Hotel, Llandrindod Wells - September 20, 2006

For more information please call Sarah Hardwidge on 029 2049 443 or [enquiries@learningdisability-wales.org.uk](mailto:enquiries@learningdisability-wales.org.uk)

### The Carers Strategy in Wales - 'Where Now?' - The Wales Carers Workers Network Conference

Maes Mawr Hall Hotel, Newtown, Powys

Date: September 28, 2006, 10:00am - 3:00pm

Cost: £45 (Statutory)    £30 (Voluntary Sector)

For more information contact Carers Wales on:

**029 2081 1370** or e-mail:

[Pauline@carerswales.org](mailto:Pauline@carerswales.org)

## GWYNEDD ARTS EVENTS

DRAMA ● MUSICALS ● FOLK DANCE ● EXHIBITION ● WORKSHOPS ● TALKS ● CONCERTS  
● GIG ● POETRY ● CRAFT FAIR ● FASHION SHOW...

[www.gwynedd.gov.uk/arts](http://www.gwynedd.gov.uk/arts)



Would you like to advertise your arts event(s) free of charge on the Gwynedd Council Website?

You are welcome to send in your Gwynedd arts event(s) details to the Arts Department.

Please send in your arts event(s) details to:

**[celf@gwynedd.gov.uk](mailto:celf@gwynedd.gov.uk)**

The Arts, Development Directorate, Council Offices,  
Caernarfon LL55 1SH

**01286 679721**

## Young Roots

Young Roots is a relatively new grant programme by the Heritage Lottery Fund. The Young Roots fund can provide grants of between £5,000 and £25,000 to engage young people in exploring their heritage. Young people aged between 13 - 20 years are encouraged to identify their own heritage and develop creative projects. The types of projects that Young Roots can support are broad and varied.

Partnership working is an essential criterion between a youth sector partner and a heritage organisation. Young people should be involved in managing and carrying out the project.

*To discuss any ideas or for further information regarding this fund please contact Stephen Barlow - Development Officer, Suite 5a, Heritage Lottery Fund, Guildhall Place, Cardiff, CF23 8PT  
Tel : 029 2023 4165  
E-mail : [stephenb@hlf.org.uk](mailto:stephenb@hlf.org.uk) or please visit the HLF website: [www.hlf.org.uk/youngroots](http://www.hlf.org.uk/youngroots)*

## Volunteering in Wales 2007/08 WCVA

Voluntary organisations are encouraged to submit an application of up to £25,000 to the Volunteering in Wales fund. The fund aims to recruit new volunteers, ensure they are trained and supported so that they can help their communities. The closing date for applications will be Friday, 29th September 2006 and successful applications will be announced in January 2007 with the aim of the projects starting in April 2007.

*If you wish any further information please contact Mark Bendon on 029 2043 1749 or visit WCVA website: [www.wcva.org.uk](http://www.wcva.org.uk)*

## Galluogi Gwynedd Fund

A reminder of the last two closing dates for 2006/07 of the Galluogi Gwynedd Fund:

**Round 2 - September 30th, 2006**  
**Round 3 - December 31st, 2006**

## Social Risk Fund - WCVA

The Social Risk Fund grants voluntary organisations up to £10,000 for new and innovative projects which aim to give people new skills, regenerate local communities and combat social exclusion across Wales.

The following enhancements to the SRF scheme has been published recently:

- Closing date for applications has been extended to the end of March 2007
- Applicant income limit increased to £150k (revenue income only)
- Age band for beneficiaries widened to 14-64
- Objective 1 - 3 applications in total now permitted
- Objective 3 - 2 applications in total now permitted

SRF provides 100 % grants of up to £10k maximum for suitable projects, with a response to applications provided with 30 working days. Applicants will receive guidance and support throughout the process by the Scheme Advisor.

**To discuss any ideas or for more information please contact the North Wales Adviser - Aaron Walter. Tel: 07841 603 662 or by E-mail: [awal-ters@wcva.org.uk](mailto:awal-ters@wcva.org.uk)**

## GWYNEDD CRIMEBEAT

Crimebeat is the charity of the High Sheriffs of Wales and England. In 2002 it was launched in North Wales by the High Sheriffs of Clwyd and Gwynedd and it is supported by the North Wales police and Community Trust (PACT) to help young people to develop projects so as to make their community a safer place in which to live.

Our objectives are

- To cut local crime and keep young people out of trouble
- To support victims of crime
- To stimulate an interest in voluntary work
- To help strengthen local communities
- To improve school attendance and behaviour
- To improve the quality of life

The fund has been able to help many young people's groups in Gwynedd, including young people involved in Criccieth in Bloom, pupils from Ysgol Dyffryn Nantlle who produced a DVD film about the dangers of under-age drinking, and Meirionnydd Young Farmers who have carried out vehicle marking schemes and a Farm Watch initiative.

*Do you have a good idea which would meet our criteria and are you interested in getting involved? If so please contact the Gwynedd Crimebeat Co-ordinator, Dave Evans on 01745 588516 or email [David.V.Evans@nthwales.pnn.police.uk](mailto:David.V.Evans@nthwales.pnn.police.uk)*

## WELSH CHURCH FUND

### Support for Registered Charities in Gwynedd

The purpose of the Fund is to promote the activities of charitable organisations benefiting the residents of Gwynedd and enriching the area's communities.

Local eisteddfodau who have registered as a charity are entitled to receive a sum of £250 annually towards the costs of any eisteddfod held within the County.

Another £19,000, or thereabout, is available for distribution to other charities in Gwynedd annually through the Welsh Church Fund, and individual

grants tend to be in the region of £100 up to a maximum of £3000 in exceptional circumstances.

The next quarterly meeting will be held on 19th December, 2006 and applications must be received at least four weeks beforehand, i.e. 21st November, 2006.

**For more information regarding the Welsh Church Fund, contact Eirian Roberts on: (01286) 679018 or e-mail: [maireirianroberts@gwynedd.gov.uk](mailto:maireirianroberts@gwynedd.gov.uk)**

# Communities First

## Gwynedd Communities First Partnership Network Meeting - Barmouth



Photo: Barry Mee

The second meeting of the Gwynedd Communities First Partnership Network was held at the Dragon Theatre, Barmouth on Thursday evening 6th July 2006. There was a keen discussion during the meeting and at the end everyone felt that they had gained an opportunity to discuss differing aspects of their Partnerships.

Many thanks to the Barmouth Partnership for their warm welcome and the tasty barbecue.

The next meeting will be held in the autumn in Blaenau Ffestiniog.

## Communities First Music Trust Fund

A one-year pilot fund worth £180,000 which will be administered by the WCVA on behalf of Welsh Assembly Government to promote music activities in the Communities First areas throughout Wales.

Community and voluntary organisations will be able to bid for the extra funding to support extra-curricular music activities in all the Communities First areas in Wales.

Grants will be open to all types of musical activities – everything from classical choirs to youth rock bands, jazz to African drumming or

samba style music. Funding support will be available for a whole range of activities including purchasing instruments or equipment, venue hire for rehearsals or concerts, transport costs, tuition costs or staging costs of community concerts and festivals.

**The closing date for applications 2006/07 is 31 October 2006 and 31 January 2007.**

**For more information visit the following website [www.communitiesfirst.info](http://www.communitiesfirst.info)**

## Grants for groups in Communities First areas...

Up to £5000 is available from the Communities First Trust Fund to groups working within the wards of Barmouth; Bowydd & Rhiw (Blaenau Ffestiniog); South Pwllheli; Marchog (Maesgeirchen, Bangor); Peblig (Caernarfon); Penllŷn (Aberdaron, Botwnnog and Tudweiliog wards)

and Talysarn & Nantlle.

The Trust Fund is aimed at small, community based organisations. **Apply now! The closing date is 31st of January 2007.**

Contact: **0800 587 8898** or **[www.communitiesfirst.info](http://www.communitiesfirst.info)**

For further help please contact Mantell Gwynedd's Communities First Support Officers: Carys Williams, Caernarfon office on **01286 672626** or **[carys@mantellgwynedd.com](mailto:carys@mantellgwynedd.com)** or Mair Huws in the Dolgellau office - **[mair@mantellgwynedd.co.uk](mailto:mair@mantellgwynedd.co.uk)** or **01341 422575**

## General Information

Come and have your say and discuss what's important to you at

### the **Gwynedd Forum!**

Learn more about the work of the Gwynedd Together Partnership on issues like:

**Affordable Housing and Healthy Menus in Schools...**

...and have your say on the things that we should really concentrate on in Gwynedd

**Wednesday, 27th September, 6.00 – 9.00pm**

Ysgol Eifion Wyn, Porthmadog. Refreshments available!

Contact the Gwynedd Together office if you're interested in coming, on: **01286 679965**

**e-mail: [gwyneddtogether@gwynedd.gov.uk](mailto:gwyneddtogether@gwynedd.gov.uk)**



## Food Co-operatives

**A food co-operative supplies affordable, good-quality fruit and vegetables, wherever possible from local resources.**

Funded by the Welsh Assembly, the Rural Regeneration Unit will help communities throughout North Wales to come together with farmers, food producers and local businesses.

Fresh, tasty, healthy food (grown locally where possible) will benefit farmers, food producers, consumers, local businesses, health services and the environment.

For more information or to arrange a short, informal talk please contact: **June Jones, Food Development Worker on: 01766 890 637**

The deadline for information or articles to be included in the next edition of Mantell is **10th November, 2006.**

Please send or email any information to Beryl Norgrove in Dolgellau:

**[beryl@mantellgwynedd.co.uk](mailto:beryl@mantellgwynedd.co.uk)**

Tel: 01341 422575