

Mantell

NEWSLETTER FOR VOLUNTARY ORGANISATIONS IN GWYNEDD

Issue 36
March 2007

Convergence Programme for West Wales and the Valleys 2007-2013

CONTENTS

News	2
Health, Social Care and Well-being	4
Gwynedd Volunteer Bureau	5
Training and Events	6
Grants	7
Communities First	8

What can voluntary and community organisations do locally to prepare for the new programmes?

Organisations that would like to get involved in the Convergence Programmes, and see the proposed priorities as being relevant to their areas of work, are encouraged to undertake independent evaluations of current activities in terms of outcomes and impact against national strategies, links with statutory initiatives e.g. Job Centre Plus, New Deal; links with other voluntary/public sector partners and synergies with other Objective One projects.

Groups should also start talking to potential partners about project ideas and should seek to build on and extend existing successful partnerships, so that ideas can be

worked up as soon as the new programmes come on stream in late spring 2007.

In early 2007 WEFO will introduce a facility on their website for organisations to register their interest with project ideas and provide a short description of the proposed activity; this will allow WEFO to start to join up project activity. The contact details for the Strategic Framework co-ordinators should also appear on the website and groups are encouraged to contact the co-ordinators at an early stage to discuss project ideas.

Organisations are also encouraged to contact their local County Voluntary Councils

(CVCs) and/or WCVA to make them aware of project ideas, so that links can be made with other relevant local projects and information can be fed into the relevant partnerships. Organisations looking to develop larger scale projects, operating across one or more Spatial Plan area should contact WCVA.



PROJECT PART-FINANCED BY THE EUROPEAN UNION
European Regional Development Fund

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Registered Charity: 1068851 • Company Limited by Guarantee: 3420271 • Registered in Wales
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NHS BREAST SCREENING INFORMATION

Breast Test Wales will be bringing the mobile breast screening unit to Coed y Glyn Surgery Car Park, Llangefni from early May until early August 2007.

If you are a woman aged 50 - 70 this year and registered with the following GP Surgeries: Gerafon Surgery, Benllech; Parc Glas Surgery, Bodorgan; Coed y Glyn Surgery, Llangefni and The Surgery, Gwalchmai you will automatically receive appointment letters from the end of April 2007

If you will be 71 or over this year and

A note from the Chief Officer...

Happy new year to all our readers - although a large chunk of the year has already passed, this is the first edition of Mantell in 2007 and it seems appropriate to wish all your various groups and organisations well in 2007.

We had some exceptionally good news at Mantell before Christmas. Our application for increased funding to support the Gwynedd Volunteering Bureau had been successful. As many of you are aware our core funding comes from the Welsh Assembly Government via the WCVa. Mantell has, for many years, put forward strong arguments for maintaining the current level of service in the south of Gwynedd. A vast geographical county, dispersed population and the need to maintain a fully bilingual service were all put forward in our claim for increased funding. Thankfully we were successful and so the valuable service of the Volunteer Bureau will remain for the foreseeable future. We are immensely grateful to Alun Ffred AM and Elyn Llwyd MP for their support.

In addition to this we had more good news for the Volunteer Bureau as we were awarded funding as a result of the Russell Commission - this was set up to improve the infrastructure of volunteering amongst young people. We approached the 14-19 Learning Network to match this Russell Commission fund and they agreed. This has now enabled us to employ an additional officer within the bureau to work exclusively with young people. The Youth Volunteering Officer post has been advertised and I very much hope that by the next edition of Mantell we will be welcoming a new member of staff on board. All of these developments within the Volunteer Bureau are a clear indica-

tor that greater importance is being placed on the young people agenda in connection with volunteering.

On a strategic note, those of you who have been watching developments in connection with Spatial Planning will be aware that this is the Assembly vision for the development of Wales in the next twenty years and outlines the agenda necessary to accommodate investment that will ensure a sustainable future for the communities of Wales. I have represented the Voluntary Sector (North West region), on the Officer Group from the outset and will be reporting in future issues of Mantell. I am also pleased to report that Mantell, on behalf of the Sector, drew the attention of Minister Sue Essex to the Gwynedd Mapping Work thus ensuring that the Sector is included in any future planning. As a result an additional piece of work has been commissioned with specific emphasis on the Sector's involvement in future planning.

I hope you enjoy this edition of Mantell and that, as usual, you find information which is of use to your various organisations.

Until Next Time

Bethan



registered with these GP's you can request an appointment by telephoning the North Wales Breast Screening Centre in Llandudno, Monday to Friday 9.00am - 5.00pm on **01492 860888**.

Please help Breast Test Wales by keeping to the correct time and date for your appointment or telephoning the Centre in Llandudno to change or cancel your appointment.

Two highly trained female radiographers explain the procedure to each woman. The breast is held firmly in place by two plastic plates whilst the x-ray is taken. Most women describe the test as uncomfortable a small minority say it is painful. The breast x-ray, a mammogram, only takes a few moments.

Breast Test Wales provides a high quality breast screening service, Heather Ramessur, Screening Promotion Officer comments "Breast Screening can detect tiny cancers before any symptoms can be seen or felt and by detecting the cancer early this can mean greater treatment choice and better outcome". Breast Test Wales is now contributing to a 19% reduction in the death rates for Breast cancer in Wales in the age group invited for screening.

More information on breast screening is available from Breast Test Wales or your local GP Surgery. Please ensure your GP has your correct address.

The Wales 2007 Calor Village of the Year®

Does your village 'TICK' all the right boxes?

The Calor Village of the Year® for Wales competition has just been launched for 2007 and even more villages are being encouraged to enter this year with the introduction of a simplified 'tick box' entry form.

The bi-lingual Calor Village of the Year® for Wales competition is open to all villages of 5,000 or under, and they can choose to participate in up to four different categories - People, Business, Environment, and Communications. Villages are also asked to explain in less than 500 words: 'What makes your village a special place?' Cash prizes are available for category winners in North and South Wales, as well as an overall regional winner for North and South

from which a winner for Wales will be chosen.

For a village to be considered for the overall title of Calor Village of the Year® for Wales 2007, it will need to enter all four categories.

Villages interested in entering should contact Calor on: **01926 318634**, email: **info@calorvillageoftheyear.org** to request an entry form or download a copy from the competition website: **www.calorvillageoftheyear.org**.

Entries from villages are welcome immediately and the closing date for completed entries is April 12th 2007.



Neighbourhood Award

The Neighbourhood Awards is a non competitive category and is designed to motivate communities in Wales who have not previously entered the Wales in Bloom Campaign. This initiative has been very successful during the last four years and it is hoped it will continue to encourage new participants this year.

All you need to start is to form a committee in your Neighbourhood. It doesn't need to be a formal committee just a few friends or like minded neighbours! Identify an area that you feel will benefit from being improved to make a cleaner and greener place for you to live. Increase your pride in your area. Wales in Bloom Judges will visit your entry during the month of August and they will give you advice on your entry and make suggestions on how to move forward and develop your entry.

You will receive a written report and a certificate which will show your achievement. Awards received are Improvement, Merit or Outstanding depending on Judging points. The certificates will be awarded at our Annual Awards Ceremony on 28th September at Caerphilly Castle.

Wales in Bloom works closely with the Royal Horticultural Society on the Neighbourhood Awards Initiative.

For further information e-mail: **walesinbloom@yahoo.co.uk** or visit the website: **www.walesinbloom.org.uk**

The North West office of BTCV Cymru has moved!

The new address is:

BTCV Cymru, Prince of Wales Suite, Vaynol Hall, Vaynol Estate, Bangor, Gwynedd LL57 4BP

The telephone number is: **01248 679966** and new fax is: **01248 679968**.

FREE TRAINING

'From here to sustainability: 2'

Mainstreaming SD Policies in the Gwynedd Voluntary Sector

SOCIETY - ENVIRONMENT - ECONOMY

Climate Change is in the news! And Tesco's and Marks & Sparks are announcing new 'green' policies! Why buy local? Why Fairtrade? And why go 'green'?

Following a successful pilot in 2006, Sustainable Wales is being funded by Countryside Council for Wales to provide a second round of training in 2007.

SW are offering a limited number of free training days across Wales to help introduce and implement workplace policies that support sustainable development (SD), environmental and ethical good practice.

A full training day will be dedicated to Gwynedd voluntary groups through Mantell Gwynedd at the end of March. We will provide training to Mantell Gwynedd themselves as well as to registered local groups. By working this way, we hope to create a county network of local support.

We will deliver an updated workshop (with lots of resources for all delegates and signposting for more advice). The day will be as interactive as we can make it -

allowing for lots of input from delegates and with workshop sessions for people to get down to working on their own policies.

PROGRAMME OBJECTIVES:

On completion of the programme, learners will be able to:

- Explain the term sustainable development (SD).
- Explain what an SD policy is and its benefits.
- Write a draft SD policy.
- Implement an SD policy so it is practiced in the work place.

Date and venue to be confirmed.

If you want to take advantage of this free training contact: **richard@sustainable-wales.org.uk** or visit the website: **www.sustainablewales.org** or speak to Richard Thomas on: **01656 783405**. Booking forms and directions will then be sent out to you.

The deadline for information or articles to be included in the next edition of Mantell is **9th May, 2007**. Please send or email any information to Beryl Norgrove in Dolgellau: **beryl@mantellgwynedd.com**
Tel: 01341 422575

Event

Health and Well-being

Two well-being events, organised by Mantell Gwynedd and Anheddau Cyf, were held recently which were aimed at workers of the voluntary sectors, carers and volunteers. The first event was held at the Cricket Club, Bangor on November 30th and



the second was held at the Leisure Centre in Dolgellau on the 12th of December.

In total more than 130 attended both events. The main aim of the events was to raise awareness of health & well-being related issues and opportunities to try out a few activities and to share information. Numerous organisations were present, including Calon Lân, Unison, Breast Test Wales, The Pension Service, Expert Patient Programme, Carers Outreach, The Stroke Association etc.

Positive feedback was received from both events and the Tai Chi & Salsa dancing classes went down really well as did the complementary therapies i.e. Indian Head Massage, Aromatherapy and the Alexander Technique.

We do hope that we will be able to organise similar events again.

Thanks to everyone who contributed in every way.

New Trustees for CIL

CIL De Gwynedd is looking for new Trustees. If you are interested please contact Diane on 01766 514249.

CIL also welcomes any volunteers to help out at the CIL office in Porthmadog. For more information please contact CIL on the above telephone number.

Next

Health, Social Care & Well-being Network

event

The next Health, Social Care & Well-being event will be held on **Thursday March 22 at the Sportsman Hotel, Porthmadog - 10:00 - 12:30.**

The main theme of the event will be around the **Health Needs Assessment** which will feed into the next Health, Social Care & Well-being Strategy 2008 - 2011. There will be opportunities for discussions & exchanging ideas as well as identifying gaps in the current service provision within health & social care.

Jo Charles from the National Public Health Service (NPHS) will lead the discussion. Gwenan Carrington, Director of Social Services, Gwynedd Council, and Dr Lyndon Miles, Chairman of the Gwynedd Local Health Board will also give presentations and answer questions.

Lunch will follow which is always an excellent opportunity for Networking.

A warm welcome is extended to everyone. For more information please contact Sioned Larsen, Health & Social Care Facilitator on: **01286 672626** or sioned@mantell-gwynedd.com

Around the clock help for victims of Domestic Abuse

The Wales Domestic Abuse Helpline has recently launched its 24 hour service to provide help and support for women, men and children who are experiencing or witnessing abuse. The Helpline, which has been operating since April 2004 will now extend the service from 12 to **24 hours** a day offering practical

help and advice to those who need it at all times of crisis. The Wales Domestic Abuse Helpline is managed and administered by Woman's Aid Cymru. For more information please contact: **0808 80 10 800**, or visit their website: www.wdah.org

A New Service Positive Eating Group:

A brand new service offering support to individuals who are 16+ and who suffer from an eating disorder is starting at the Abbey Road Centre, Bangor, in March.



The Positive Eating Group will be running a support group to people who over-eat and have obesity problems for whatever reason on the **third Thursday** of every month, between **7pm and 8.30pm**, and the

first meeting will be held on **Thursday, 15 March.**

The Positive Eating Group will be running a support group to people who may be suffering from Anorexia and/or Bulimia on the **fourth Thursday** of every month, between **7pm and 8.30pm**, and the first meeting will be held on **Thursday, 22 March.**

Helpline support will be available on a **Monday and Tuesday** night between **5pm and 9pm** and this service will start on **Monday, 12 March.** The helpline number is **01248 363433.** If you want to contact us by email the address is [PEG@abbeyroadcentre.co.uk.](mailto:PEG@abbeyroadcentre.co.uk)

For more details please contact Meinir on **01248 354888.** A warm welcome is extended to everybody.

COMING EVENT

CONFERENCE

'Working together to deliver evidence-based care'

Friday March 30, 2007 at Bangor University.

Focus of Conference:

o Improving Health o Improving Care o Improving Knowledge

Cost: **FREE**

For more information and to register click on www.awardconference.bangor.ac.uk

Closing date for registration - March 16, 2007

Millennium Volunteers



8000th Millennium Volunteer throughout Wales

We are pleased to announce that the Millennium Volunteers' Programme in Wales has had the 8000th young person sign up to the scheme. She is Erin Carmen Mansell who is volunteering

with the **Youth Club in Cricieth and Porthmadog**. She is also involved with the **'Funky Dragon'** in Gwynedd mapping out participation with young people having attended various workshops. Erin is planning to study Social Work at university and hopes that her volunteering will provide her with valuable experience of working with young people.

Twins Excel!

Congratulations are extended to twins from Bangor, who have both succeeded in volunteering for over 200 hours, and have therefore, achieved the Millennium Volunteers' 'Award of Excellence'. Charis and Jessica Kong are pupils at Ysgol Friars. They started volunteering at the end of July helping with the **WRVS in Ysbyty Gwynedd, The British Red Cross and the Gwynedd Hospice at Home** and



by the end of November they had both clocked over 200 hours!

Congratulations also...

...to Eleri Ann Jones from Groeslon, near Caernarfon on achieving her 'Award of Excellence' recently. She has been volunteering at **Ysgol Dyffryn Nantlle, Ysgol Groeslon and Urdd Babanod y Groeslon**.

Best wishes to these four committed young people.

'Working Together as One'

a Volunteering Event in Barmouth

The Gwynedd Volunteer Bureau is responding to the needs of the Barmouth area for more helping hands to assist local voluntary groups. A volunteering event 'Working Together as One' will be held on **Thursday, March 22** at the Dragon Theatre, Barmouth between **10.30am and 1.00pm**. The aim of the event is to raise awareness of the situation, and to encourage more people to offer a little of their time for the benefit of the community.

Opportunity to promote your organisation

Did you know that it is possible to 'borrow' window space at our office in Caernarfon for periods of up to four weeks at a time? If your organisation wishes to take advantage of this offer to promote their work or to advertise a special event that might be taking place, please contact the Volunteer Bureau to book your space for that special week at the appropriate time of the year.

Gwynedd Volunteer Organisers' Network Volunteering Workshop

An invitation is extended to you to the next meeting of the Network, which is to be held at the Glaslyn Leisure Centre, Porthmadog, on **Friday morning, 16th March 2007 at 9.30am** prompt. This meeting will be a workshop to share ideas on offering worthwhile volunteering opportunities to attract and retain volunteers, and is led by Adam May - an experienced trainer in the voluntary sector. The cost for attending this workshop is £10 per head. For more information contact the Gwynedd Volunteer Bureau on: **01286 672626** or biwro@mantellgwynedd.com

Russell Commission Funding

Volunteer Bureaux throughout Wales received good news recently when it was confirmed that every Volunteer Bureau would receive extra funding to work with young people as recommended by the Russell Commission. Here in Gwynedd we have also received financial support from the 14 - 19 Network, which enables Mantell Gwynedd to employ a full-time officer to work with young volunteers. We look forward to welcome a new member to the Volunteer Bureau Team in the near future.

Wales Volunteer of the Year Award 2007

Once more, there is an opportunity for you to draw attention to committed volunteers. If you know someone special who inspires you by what they do as a volunteer, or maybe a group or organisation which is a shining example of how volunteers can make a positive difference, this is your chance to nominate them for an award. Nominations have to be received at WCVA, Cardiff by **13th April 2007**. For a nomination form, or further details please contact the Gwynedd Volunteer Bureau on: **01286 672626** or biwro@mantellgwynedd.com or www.wcva.org.uk

Hyfforddiant Mantell i ddod:

MARCH 2007

Time Management and Prioritising Effectively 22 March

10.00am - 4.30pm

Ystafell Madog, Glaslyn Lesiure Centre, Porthmadog

The Aims of the day are:

- To plan your work more effectively
- To plan your time more effectively
- Prioritising your work programme more effectively
- Lessen pressure and stress
- Increase the effectiveness of your work

Cost:

£15 Mantell Gwynedd Members - £25 Non-Members Voluntary Sector - £35 Private Sector and Statutory

DATE AND LOCATION TO BE CONFIRMED

Risk Assessment

If you're interested in attending a course on Risk Assessment, please contact me to register and I will be in contact with further information.

Cost:

£15 Mantell Gwynedd Members - £25 Non-Members Voluntary Sector - £35 Private Sector and Statutory

For more information on the above contact Lindsey Ellis, Training Officer, Mantell Gwynedd, Yr Hen Orsaf Heddlu, Y Lawnt, Dolgellau. Tel: 01341 422575

WCVA Training and Events

Consulting with the community

23 March 2007, Bangor

Cost: **A 100 B 130 C 165**

The aim of this course is to enhance participants' ability to design and carry out community consultations. The course will help participants to establish a framework for communicating and consulting with the community.

ESF and the voluntary sector (two day course)

17 & 24 May 2007, Rhyl

Cost: **FREE**

A series of free training events in plain English for people running (or about to run) European Social Fund (ESF) or European Regional Development Fund (ERDF) projects. It is suitable for community groups and voluntary sector staff with an interest in ERDF or ESF. The course will provide an overview of how European structural funds currently operate and what systems are needed to be in place to manage them properly.

Public Engagement and Participation Training

4, 14 & 15 June 2007, Rhyl

Module Costs: I only: **£165 + VAT** Modules 1, 2 & 3: **£350+VAT**

A three day intensive modular course for public service staff tasked with community engagement and public participation. The three modules are aimed at people working in the public sector, in the Welsh Assembly Government, in local authorities, and in the health sector, who have a responsibility for engaging with the public.

Module 1 - Why engage and who to engage with

Module 2 - Communicating, consulting and engaging with your community

Module 3 - Facilitation skills and designing an engagement process

Price Bands (All prices are excluding VAT)

A WCVA members **B** Voluntary and community organisations **C** Public and private sector bodies

For more information go to www.wcva.org.uk/training or email training@wcva.org.uk

Simultaneous Translation Course for Beginners

Saturday, 3 March 2007 at Plas Tan y Bwlch, Maentwrog

COST: £25

To receive further information or to register, contact:

Anwen Owen,

Development Officer, Cymdeithas Cyfieithwyr Cymru, Bryn Menai, Ffordd Caerdybi, BANGOR, Gwynedd. LL57 2JA

Tel: 01248 371839

e-mail: anwen@cyfieithwycymru.org.uk

Sponsored by Cist Gwynedd with priority given to those who promote the aims of HWB's Simultaneous Translation scheme in Gwynedd Communities

Gwynedd Facilitators' Network

Introduction to Facilitation

3day Course 28th, 29th March and 10th May 2007

Reduced fee: £150 (true cost £700)

Trainer: Lindsey Colbourn

This course is for people working in the Community who need to learn skills that help them to involve people in decision making. The Gwynedd Facilitators Network is a network of people that support each other to run meetings that encourage everyone to participate. Those that follow this course will commit themselves to become a member of the Facilitators' Network. This involves practicing the new skills through helping to deliver facilitated events.

To book a place on the training please contact Lindsey Ellis, Mantell Gwynedd on 01341422575

Adult Learners' Week!

19 - 26 May 2007

Niace Dysgu Cymru is planning a whole range of promotions and surprises along with regular campaigns to help make 2007 better than ever.

You will be given an opportunity during the year to show your appreciation by nominating a Learner for the Inspire Adult Learners Awards 2007 who in your opinion has overcome the odds to achieve their goals. **Closing date for nominations is 16th March 2007.**

For further information please contact The Campaigns and Promotions Team on: 02920 370900.

Gwynedd Early Years Development and Childcare Partnership

The Partnership training work-group organise courses for workers involved in the provision of Early Years and Childcare (0-14 years) in Gwynedd.

To receive a copy of the training programme, please contact Lona Pierce Roberts on: 01286 675570 or 01286 676351 or alternatively e-mail: GwybodaethPlant@gwynedd.gov.uk

Courses offered until the end of March can also be seen on Mantell Gwynedd's website.

Gwynedd Key Fund

Capital

This fund has been extended until 2008, aimed to support capital projects only to groups/organisations/projects based in Priority 3 wards in Gwynedd. This fund is for social and economic regeneration plans in the most marginal disadvantaged areas in Gwynedd. The fund will encourage the contribution of local people to improve the environment and to increase access to services

For more information please contact Heather or Zoe at the Cist Gwynedd office on **01286 679 153** or **01286 679 889**.

Galluogi Gwynedd

2007-08

Eligible groups/projects are invited to submit an application of up to **£5,000** to the Galluogi Gwynedd Fund by **5.00 pm on Friday, 30th, March, 2007**. The panel will meet in May to assess all applications. Groups can also apply for a grant **up to a £1,000** at any time. I must note that there is stiff competition for the money and I would stress that it is a process of first come, first serve...

For an application form or discuss any potential projects and ideas please contact Delyth Vaughan on **01286 672 626** or delyth@mantellgwynedd.com

Grant available for projects

in Llŷn

If you are developing an environmental, economic or social project that will benefit the area you may be eligible for a grant from the Llŷn Sustainable Development Fund.

The Fund can provide grants for community groups, organisations, individuals and private companies where it can be shown that the project clearly benefits aspects of the area's character. A variety of projects have already benefitted.

The project must be within the AONB boundary, or able to show clear benefits for the designated area.

For further information, see the AONB website: www.gwynedd.gov.uk/aonb or phone: **01758 704155/176**

Heritage Lottery Fund Places of Worship in Wales

Is your place of worship listed and being used for public worship more than 6 times a year?

Do you provide public access outside the usual hours of worship?

Have you identified a high level of structural problems with the historic parts of the building in a recent survey?

If you are a formally constituted religious organisation and owner of the place of worship, you can apply for

a maximum of £100,000 but will need to achieve at least 10% partnership funding. HLF receives applications in two batches, with closing dates for these at the end of March and September in addition to a 6 month assessment period.

For further information on the RPOW programme visit the website www.hlf.org.uk or contact a member of HLF's development team on: **029 20 343413** email: wales@hlf.org.uk

Age Concern

Recently Age Concern England re-launched its grant giving schemes [Wales is also eligible]. Age Concern exists to promote the well being, and to champion the causes of older people. It provides grants to charities, voluntary organisations and not-for-profit groups that provide services or activities that benefit older people.

Two grant-making programmes are available to any voluntary or charitable club for older people in England and Wales: **The Bright Ideas Programme and The Barclays Programme.**

The **Bright Ideas Programme** offers grants of up to **£2,000** to provide services that have a direct and lasting benefit to older

people. Grants can be used to cover capital and revenue costs that are integral to the development or expansion of an activity.

The Barclays Programme offers small grants of up to **£150** for small items of equipment or specific items that will improve a service or activity to older people.

Applications may be submitted at any time.

For further information contact: The Grants Unit, Age Concern England, Astral House, 1268 London Road, London SW16 4ER

Tel: **020 8765 7738**
e-mail: grants.unit@ace.org.uk
Website: www.ace.org.uk

small

Events Recycling Fund

Cylch have a grant fund available from Environment Wales, to help small, volunteer led, community based events start recycling. Groups will need to explain the background to their event, what, if anything has happened in the past with recycling at the event and why they wish to recycle at this event this year. **Grants of £1,000 are available.**

For further details contact: Ruth Llewellyn, Wales Event Recycling Officer. Tel: **029 2064 9750**
email: ruth.llewellyn@cylch.org.uk

Calouste Gulbenkian

Foundation

The Calouste Gulbenkian Foundation has published guidelines for UK grants in 2007. The Foundation supports activities throughout the UK (preferably outside London) that relate to four programme areas: arts; education; social change and Anglo-Portuguese cultural relations. The Trustees prefer to support new ideas that are genuinely original in their field. Projects must be new; funding will not be given for the simple continuation of existing work. Further details are available from www.gulbenkian.org.uk.

Talysarn and Nantlle Communities First Partnership Awareness Day

A very succesful day took place at the Talysarn Community Centre on the 15th February 2007. An awareness day was organised about **Safety in the Community** and about 30 agencies came along to give advice to the public. Pupils from Talysarn and Nantlle primary schools, along with some pupils from Ysgol Dyffryn Nantlle attended the event and were given an opportunity to take part in various activities.



Pupils from Ysgol Dyffryn Nantlle giving their views



Pupils being taught about safety on the bike

Talysarn and Nantlle Communities First Partnership

During March a Planning for Real® consultation will be carried out in the villages of Talysarn and Nantlle. Following this an official report of the work will need to be produced.

If anyone is interested in taking on this work, you can obtain a copy of the brief by contacting Communities First Office, Yr Hen Orsaf, Talysarn, Caernarfon LL54 6HL, Telephone 01286 881103

'Planning for Real®'



Did you attend the Talysarn and Nantlle awareness day and get information about the consultation that is taking place in the two villages?

The consultation event will take place over three days at the end of March. Firstly at Trigonos, Nantlle on Sunday 25th March between 10.00am - 6.00pm. Then at Talysarn Community Centre on Friday 30th March between 12.00pm and 8.00pm and then on Saturday 31st March between 10.00am and 6.00pm.

Over the last month a model of

Talysarn and Nantlle villages had been made, the children from the junior schools have been helping. The picture shows the children from Ysgol Baladeulyn enjoying the experience of creating the model.

Therefore, if you want the opportunity to have your say, it has arrived! As residents of Talysarn and Nantlle you should bring your ideas. For your hard work you'll get a cup of tea or coffee and cake and an opportunity to see your village in a format never seen before.

Help and Information



communities first cymunedau yn gyntaf

Are you a voluntary or community group looking for finance, help or information?

Carys Williams from Mantell Gwynedd will be holding a surgery at Bryncroes Community Centre **Wednesday night, 14th March 2007 between 7:00 and 7:30pm.**

Then at 7.30pm Sioned Jones from Cyngor Gwynedd will give a presentation on: **Llyn Area of Outstanding Natural Beauty Grant.**

If you want to meet with Carys, you can contact her at the office in Caernarfon on **01286 672626** or via e-mail carys@mantellgwynedd.com to arrange a time.