



Mantell

NEWSLETTER FOR VOLUNTARY ORGANISATIONS IN GWYNEDD

**Issue 50
July 2010**

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**Further news
articles and
information
can be found
on our
website!**

Celebrating Volunteers' Week (1st – 7th June) in Gwynedd

The first week in June is well established in the volunteering calendar as it is known nationally as Volunteers' Week. The three 'Rs' summarises the aims of the week in that it hopes to:-

- Recognise • Reward • Recruit Volunteers

The highlight of the week in Gwynedd was the 'Celebration and Thank you Tea' organised by the Gwynedd Volunteer Centre in Portmeirion on Monday, 7th June. This event is a chance to acknowledge the valuable contribution made by volunteers throughout Gwynedd. Mr Robin Llywelyn –

Managing Director of Portmeirion was the guest speaker, and during the afternoon, he presented certificates to a number of committed volunteers from Gwynedd who had been nominated for the "Wales Volunteer of the Year 2010" Awards.



Winners of the "Wales Volunteer of the Year 2010" from Gwynedd.

Through this award, an opportunity is provided annually to acknowledge and appreciate committed volunteers who have made a difference in their communities. The award is administered by the Wales Council of Voluntary Action, and in February this year, a challenge is set to people across Wales to nominate someone special who has inspired them by what they do as a volunteer. There are five different categories: • young person under 25 • trustee • adult • groups (consisting of two or more) • green volunteer. Throughout Wales, nearly 200 nominations were received, five of them from Gwynedd – one young person and four adults.

Pictured are Mr Robin Llywelyn with winners of 'Highly Commended' Certificates in the 'Wales Volunteer of the Year Award 2010' - Jenny Evans, Beatrice Easton, Tanya Maynard,



John Jones and Craig Dobbins. Also in the photograph are Councillor Tudor Owen – Chair of Gwynedd Council and Ms Margaret Griffith – Chair of the Gwynedd Volunteer Centre Sub-Committee. For more details of the winners and photographs of Volunteers' Week go to www.mantellgwynedd.com

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A note from the Chief Officer



sun is glorious.

I'm sure the weather contributed to the huge turnout to Portmeirion at the beginning of June to our annual 'Volunteer Celebration' afternoon tea. As you can see from the reports in the newsletter it was a great success and all had enjoyed the occasion. I've heard the story of how the Portmeirion village was created many a time and I visit often. There is something quite alluring about the place. I find something new each time I visit (usually a plant or tree) but this time it was the information that the cost of the fantastic Hercules Hall's ceiling was £13. This was disclosed in Robin Llewelyn's speech to the audience in the celebration tea. The ceiling was bought in a sale in Flintshire, wrapped up in hay and stored safely for a number of years before being used for the decorative ceiling at Hercules Hall. Yes we were entertained by Robin with the stories of the village and his family.

Yes, the budget came once again, from the new Coalition Government in Westminster, and yes we're in a recessionbut an interesting economic fact, I came across lately is that in a time of recession, the Third Sector often grows. Possibly because new opportunities arise as people look for cuts – and of course the Third Sector has always been able to provide high quality services often much cheaper than the public sector. It will be interesting to see how the

'Big Society' develops over the next few years, and how, if at all, the government at Westminster will affect the Third Sector in Gwynedd. One of these opportunities is the Lottery funds – I'm thinking specifically of the ADVANTAGE scheme which is available only to the Third Sector. The emphasis of the fund is on advocacy and befriending – two areas of work where the Third Sector is strong. There will be a number of other Lottery programmes appearing in the next few months, so keep an eye out for them.

Lastly I'd like to draw your attention to an event taking place on July 14th – the Third Sector Health, Social Care and Well-being network together with the Children and Young People's network will join. There are so many issues common to both networks and this will be an opportunity to discuss tendering and participation, the main themes at present.

That's all for now. Enjoy the newsletter!

Bethan

The deadline for information or articles to be included in the next edition of Mantell is

12th November 2010.

Send or e-mail any information to

Ellen ap Dafydd

at Mantell Gwynedd, Dolgellau.

E-mail:

EllenapDafydd@mantellgwynedd.com

Tel **01341 422575**

July 2010

Health, Social Care and Well-being

Community Voluntary Health Guardians Project

This is a new and exciting project – volunteers supporting people living with a long term health condition by offering a befriending, listening and signposting service.

We are looking for volunteers of all ages and backgrounds to:

- Visit people in their homes
- Go for a walk
- Help with shopping or go for a coffee
- Give carers some respite
- Help research further support

We are also eager to hear from people who would like to use the service.

Lastly, we can come to and visit your club or group to give an information session about the health, care and welfare services available in your area – in order for all to make the best possible use of the services available. A promotional event is taking place in Blaenau on the 20th of July – venue to be confirmed

If you would like to find out more, please contact **Llinos Alun** in Dolgellau on **01341 422575**, or email

llinos.alun@mantellgwynedd.com

Big Lottery Fund's AdvantAGE Programme

The Big Lottery Fund in Wales is making £20 million available under their AdvantAGE Programme to support older people projects specialising in offering Advocacy and Befriending services across Wales. For more information log on to

www.cronfaloterifawr.org.uk
Closing date - 29 October 2010

Betsi Cadwaladr University Health Board Clinical Programme Groups

These groups have been held on a regular basis and the Health & Social Care Facilitator from each of the six North Wales County Voluntary Councils sits on the following Groups:

Community & Specialist Medicine (Conwy CVC); Mental Health & Learning Disabilities (Denbighshire CVC); Cancer and Palliative Medicine (Mantell Gwynedd); Children & Young People's Services (Flintshire); Therapies & Clinical Support (Medrwn Môn) and Women's Services (Wrexham – AVOW)

If you need more information please contact **Sioned Larsen** at **sioned@mantellgwynedd.com**

COMIC RELIEF GRANT

COMIC RELIEF

Comic Relief's UK Grant Programme aims to bring about positive and lasting change in the lives of poor and disadvantaged people in the UK by investing in work that addresses people's immediate needs, as well as tackling the root causes of poverty and injustice.

Registered charities and voluntary organisations (including social enterprises and community interest companies) in the UK are invited to apply for grants of between £25,000 and £40,000.

Grants are available to cover running or capital costs of organisations or projects. For more information please log on to **www.comicrelief.com**. The deadline for Cycle 4 applications is **17 September 2010**.

British Lung Foundation Helpline

The team that supports this helpline can offer information and support to people with lung conditions and their carers.

They can advise on matters such as managing a lung condition, benefits and travel insurance etc

The BLF Helpline Number is **08458505020**

Health and Social Care – Locality Teams

The Locality Teams have been established and are now operating in Arfon, Dwyfor and Meirionnydd. These teams have representatives from various organisations including health e.g.:

Doctors, Locality Nurse, Mental Health Service, Social Services, Third Sector representative, Pharmacy, Therapy services, Ambulance Service, and other stakeholders.

The aim of the Locality Operational Group is to enable multi-agency staff from the Locality to work in partnership as an integrated team to plan, deliver and monitor the best possible locality services for residents by ensuring:

- the development of integrated health and social care services within the locality.
- the contribution and development of the third sector.
- that service developments reflect the needs of the locality.

If you have any comments or any pressing matters relating to local health issues that you would like to raise within the locality teams, please contact **Medwyn** at Mantell Gwynedd on **01286 672626** or **medwyn@mantellgwynedd.com**

PHOTOGRAPH COMPETITION

As part of this year's celebrations of Volunteers' Week, a photograph competition was held when individuals or groups were invited to send a photograph portraying 'Volunteering in Gwynedd'. Many thanks to all those who sent in their entries and to Mr. Alistair James (Llechen Credit Union) for judging the competition. This photograph was deemed the winning entry:- Dafydd Davies Hughes Menter Felin Uchaf, Rhoshirwaun was the photographer.



Councillor Tudor Owen presented representatives from Menter Felin Uchaf with a hamper during the 'Celebration Tea' in Portmeirion.

Volunteers' Week 2010... through the eye of the camera



Volunteers' Celebration Tea – Portmeirion, 7th June. Guests enjoying the event!



The Volunteering information stall – Bangor on 2nd June. The stall also visited Pwllheli, Blaenau Ffestiniog and Tywyn



Open Offices
Caernarfon,
4ydd Mehefin.
Councillor
Huw Edwards
and Mrs
Tegwen
Edwards
enjoying a
cuppa!

To view and download news and information for Wales from:
Wales Council for Voluntary Action (WCVA) visit the **News** section on Mantell Gwynedd's website
www.mantellgwynedd.com



Gwynedd Together promotes cooperation and are at the beginning of a new process of planning for the future. The emphasis is on encouraging

organisations and the groups that provide local services to improve the way they work together to fulfill the needs across the county for the next 5 years.

The voice of local communities is important and Gwynedd Together wants to hear your views. For more information contact **Aled Price** at [Aled Price@gwynedd.gov.uk](mailto:Aled.Price@gwynedd.gov.uk) or phone **01286 679438**

Community Survey of housing needs in the Porthmadog area

As part of the Older People Strategy, Gwynedd Council, Age Concern and Care and Repair Gwynedd Ltd have come together to ascertain local people's views on the services offered to them in the Porthmadog area, as well as to find out what their housing needs are.

A survey will be distributed in the summer and the information gathered will be used as a base for developing services in the future.

For more information and to get a copy of the questionnaire contact **Emma Davies** Gwynedd Council on **01286 679705**

Farewell

On preparing my last newsletter I'd like to take the opportunity to say goodbye and thank you all. After 12 years I will be leaving Mantell Gwynedd. I have had the honour of being involved in exiting developments and am proud to have played a part in helping some great projects which have made a real difference in Gwynedd. I wish you all the best.

I'm looking forward to my new challenge as Community First Co-ordinator in Llŷn and look forward to work with some of you in my new role. Wishing you all the best,
Meinir



Internships opportunity for third sector

Is there a short-term piece of work or project your organisation would like to carry out such as research or event organisation?



If so, you may be interested in finding out about a pilot programme being run by WCVA that is providing student interns across the third sector.

The Student Internship Programme aims to provide third sector organisations with specialist skills and knowledge through the placement of graduates to undertake a discrete piece of work or project.

Contact **Julie Skelton** on jskelton@wcva.org.uk

Landmark equality legislation

On 8 April 2010 the Equality Bill received Royal Assent. The Equality Act contains a series of measures for tackling inequalities, which will help Britain to become a fairer society.

The Government Equalities Office provide a useful and simple guide to what the Equality Bill means for you: www.tiny.cc/von8z

New look website

www.charitycommission.gov.uk

You can now register on-line and read a wide range of publications and guidance for charities that can now be found under 'Charity Requirements and Guidance'.

Another new feature is our e-mail alerts service, alerting people whenever the Charity Commission issues a new guidance or announces any changes. We have recently published four new financial guidelines in response to the present economic climate:

- Charities and Risk Management (CC26)
- Financial Difficulties and Insolvency (CC12)
- Charities and Reserves (CC19)
- Internal Financial Controls (CC8)

We welcome feedback on our new look website and on our new online service.

Click and see!



€35 million call for projects that turn environmental challenges into business opportunities

Under the 2010 Competitiveness and Innovation Programme call for proposals, funds are available for new eco-innovation projects in the area of materials recycling, sustainable building products, the food and drink sector and green business practices. Applications are particularly welcome from small businesses with green products or services that need backing to penetrate markets.

The call runs until 9 September 2010.

www.tinyurl.com/y5t7rsu

Youth Led Grant – GWIRVOL



The main aim of the grant is to support small projects that are organised and lead by young people. One of the guidelines for administering the grant is that a panel of Young People make the decisions on the applications and allocate the grant. On the 26th of May, the Young People Grant Allocation Panel came together to look at the applications received for the first round

of the Gwirvol Youth Led Grant 2010-11. 8 application forms had been received for the first round, and 7 of the groups were successful.

The **second round** is now open. Closing date to receive the applications for the second round is **Friday 1st of October 2010**.

For an application pack or for more information regarding the fund contact Mirain Roberts at Mantell Gwynedd on 01286 672626 or mirain@mantellgwynedd.com

Child Poverty Strategy for Wales and Delivery Plan

Almost a third of Wales' children are living in poverty. The new legislative framework established under the Child Poverty Act 2010 and the Children and Families (Wales) Measure 2010 means that the UK Government and the Welsh Assembly Government in co-operation with local authorities and other public agencies have taken action to try and eradicate poverty by 2020.

Following the Children and Families (Wales) Measure 2010, which became law in February 2010, a duty was placed on the Welsh Assembly Government to publish a new Child Poverty Strategy for Wales. The new strategy was launched for consultation on 12th May 2010. Closing date for responses: 12th August 2010. It sets out how the Welsh Assembly Government intends to develop more effective local delivery arrangements that can better meet the needs of low income families. To respond follow this link: <http://wales.gov.uk/consultations/childrenandyoungpeople/cpstrategy/?lang=en>

Millennium Volunteers - Achievements

Well done to three young volunteers on the Millennium Volunteers Scheme.

Nichola Anne Ryan (right) certificates for 50,100 and 200 hours of volunteering. Volunteering with the YMCA Charity Shop in Bangor

Catherine Higham 50 hours certificate. Volunteering at BHF Charity Shop in Caernarfon.

Nathan Burdett (below) Certificates for 50,100 and 200 hours. Giving his time to volunteer with the Air Training Corps, Caernarfon, Ysgol Pendarar and the Red Cross Charity Shop



Saying goodbye to good friends!

I would like to take this opportunity to notify you that I will be leaving my post as Children and Young People Facilitator with Mantell Gwynedd at the end of the month. It might be a cliché, but I sincerely have enjoyed my time here at Mantell. I have had the privilege of getting to know and work with a number of you during the five years that I have been in post. I would like to thank each and every one of you for the support and the encouragement you have shown me along the way and for making it such a pleasurable experience. Mantell will ensure continuity for the post ASAP, therefore with this in mind I would like to wish you all well and thank you again for the opportunity of working along side you. Best regards and goodbye! **Ann**

July 2010

Financing Opportunities

Tesco Charity Trust Community Awards (UK)

The Tesco Charity Trust has announced that it is now accepting applications for projects that support children and their education and welfare. The funding is available to schools, community and voluntary groups who can apply for grants of between £1,000 and £4,000. The Tesco Charity Trust has been in existence since 1987 and aims to provide approximately £600,000 in grants each year. Previous projects supported have included a sensory garden; outdoor classrooms; breakfast and after school clubs; holiday play-schemes; and part funding to purchase minibuses.

<http://cr2010.tescopl.com/communities/tesco-charity-trust.aspx>

Funding for Music Making Activities

Youth Music, the UK's largest children's music charity has announced its grant-making programme is open for applications. Through its Open Programme, grants of between £5,000 and £30,000 are available to support projects that provide music-making activities for children and young people in support of Youth Music's goals. Youth Music will fund any non-profit-making organisation more than one year old, that is committed to music-making activities for children and young people up to 18 (or up to 25 if they have special educational needs, disabilities or are in detention). The next closing date for applications is 10 September 2010.

http://www.youthmusic.org.uk/looking_for_music_funding/Open_programme.html

RURAL RETAIL PROGRAMME

Bridging a gap in the provision of traditional funding sources, this programme offers advice and financial assistance to rural businesses and communities across Wales. Support is targeted at businesses, social enterprises and community groups in villages and rural settlements. Owners of village stores that are the sole business in the community can receive one and a half days of specialist retail advice. Following the advisory stage, businesses can apply for a grant of up to £5,000 to help implement measures to make the business more sustainable. Assistance is also offered in situations where a community has already lost its shop. Grants of up to £10,000 will enable lost services to be reinstated. Applications may be submitted at any time.

www.wales.gov.uk/publications/accessinfo/drnewhomepage/lifedrs2/2010/rurepr12ruau18ru;jsessionid=71bnLFgfNgLqptl2YBr43ld6fpsNVHlpNydxSp5GBTQKmGTSLhrc!135659162?lang=en

Wells Sports Foundation

The new Wells Sport Foundation has just started providing grants to sports clubs and schools to help fund projects that will increase participation in sport by young people both now and in the future. Grants can be for up to £2,000 and are available across England, Scotland and Wales. The Sports Grants Scheme is looking to fund projects that support the development and sustainability of sports clubs. This might include projects that need equipment that is specifically focused on increasing participation, CRBs for volunteers, coaching qualifications and refereeing/umpiring courses. A FAQ can be downloaded at

www.wellsportsfoundation.org/media/24837/faqs.pdf. This FAQ is especially important for applicants outside of England. Applications are accepted at any time. For more information please go to www.wellsportsfoundation.org or call **01524 590 600**.

Ynni'r Fro

Ynni'r Fro is a new Welsh Assembly Government programme to support the development of renewable energy schemes by social enterprises. The programme can offer support to social enterprises through the team of development officers, preparatory grants of up to £30,000 to help with the cost of work such as researching a possible project, working with communities, environmental surveys and getting planning permission, and capital grants of up to £300,000. Contact: **Dafydd Watts** on **07837 214810** dafydd@swea.co.uk and **Andy Rowland** **01654 703965** andy.rowland@ecodyfi.org.uk

Engagement Gateway

The Engagement Gateway

The last two tenders closed on the 25th June 2010, and hopefully a number of you took up the challenge and presented a tender. The next round of tenders that will be offered to organisations are contracts to work with specific groups e.g. single parents, older people or people with disabilities. Therefore, if you stated in your PQQ (Pre-Qualifying Questionnaire) that you're an organisation which has named a 'special' group as one which you would wish to work with or take the opportunity to expand a current scheme remember to watch out for the offers. The Engagement Gateway Local Advisor will receive the name of organisations who will be offered tenders and you can contact **Carys Williams** at Mantell Gwynedd on **01286 672626** or e-mail carys@mantellgwynedd.com



July 2010

Events and Training

Hyfforddiant yng Ngwynedd

Introduction to Commentating/Simultaneous Translating

Trainer : Megan Tomos**Cost: Free****Venue:**

22/9/10 Blaenau Ffestiniog 4.30 – 7.00pm

29/9/10 Coleg Meirion Dwyfor, Pwllheli 4.30-7.00pm

6/10/10 Tremadog, Hen Eglwys y Santes Fair :A Network event to bring participants together for further practice 4.30 – 7.00pm

This pilot project is a new course, which aims to ensure that non-Welsh participants are supported when attending community meetings which are run through the medium of Welsh. You will be learning the basic skills of commentating and simultaneous translating, which will enable you to help those not fluent in the Welsh language to become part of Welsh activities. After the two days you will have more confidence and able to translate, commentate or summarize at Welsh medium community based events. Contact: Mantell Gwynedd

Good Health this Winter Event 2010

Following the success of the event held in 2009 another similar event will be held again this year at the Glan Wnion Leisure Centre and at the Fire Station Dolgellau on Friday October 15 2010.

There will be numerous organisations on hand to give advice and information as well as opportunities to undertake taster sessions including some gentle and easy exercises.

This event is being organised in partnership between the South Gwynedd Long Term Conditions Alliance and the South Gwynedd older people planning group.

For more information please contact Mantell Gwynedd on **01341 422575** or **01286 672626** or r.paramor@btopenworld.com

TY GOBAITH



HOSBIS PLANT

Tŷ Gobaith
CHILDREN'S HOSPICE

Tŷ Gobaith, the sister hospice of Hope House cares for terminally ill children and their families

from Gwynedd. The hospice service is free and can be offered in the child's home or at the hospice in the Conwy Valley. Fundraising is relied on by the local community as the children's hospice receives very little funding for its £1 million annual costs.

Tŷ Gobaith is looking for local people who are interested in fundraising for the hospice. They can offer a speaker who can come out to speak to your group about their work. If you can help **Tŷ Gobaith** please call Katrina on **01492 596 581**.

FUNDERS FAIR AND MANTELL GWYNEDD'S ANNUAL GENERAL MEETING

November 10th 2010

Glaslyn Leisure Centre, Porthmadog

Keep the date clear for the Funders' Fair on the theme - 'Enterprise'. There will be a full programme of events organised for you. The AGM will be on early in the morning. There will be guest speakers at the Fair followed by an opportunity for people to drop in all day. The exhibitions and workshops held at the event will enable you to have a chat with the support services available to the third sector on how to venture into business and become more sustainable.

A Date for your Diary

The Wales National Volunteering Conference is coming to Gwynedd in September. The theme is:-

Volunteers in focus

The main focus is to explore how volunteer involving organisations can develop ways of working which truly respect and enhance the experience of volunteers.

Where? **Galeri, Caernarfon.**When? **Wednesday 15 September 2010.**

For more information and a booking form, please contact the Gwynedd Volunteer Centre (01286 672626) or the WCVA **0292043 1724** epost: eventsadmin@wcva.org.uk

MEIRIONETH COUNTY SHOW

AN IMPORTANT DATE FOR YOUR DIARY IN AUGUST

Wednesday August 25th**Location: Harlech.**

When visiting the show please remember to call at the Mantell Gwynedd Marquee where there will be an opportunity to collect valuable and useful information. Within the holistic marquee there will be advice on a range of topics – volunteering, health, travel, sustainability, grants, assisting in the community and much much more, all under the same roof. Before leaving why not benefit from a little massage!

We shall look forward to welcoming you all.



If you would like to discuss the training needs of your organisation contact **Delyth Vaughan**, **01286 672626**, delyth@mantellgwynedd.com. Or to find out more about the Training offered, contact **Ellen ap Dafydd** **01341 422575** EllenapDafydd@mantellgwynedd.com

