## MANTELL GWYNEDD



Newsletter for voluntary organisations in Gwynedd



# FUNDING OPPORTUNITY!



THE DEADLINE FOR SUBMITTING APPLICATIONS IS RAPIDLY APPROACHING!

The Voluntary Sector Fund worth £1.5m opened on September 1st.

The closing date for submitting applications is September 30th.

Contact Carina at Mantell Gwynedd for an application Form and guidance to complete your application.

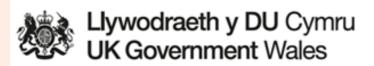
Go For It! Good Luck!

Capital and revenue grants will be available for between 2k and 250k to support projects which lead to improving the quality of life of Gwynedd residents.

Do you have a project which strengthens social fabric and fosters a sense of local pride alongside creating safe and resilient neighbourhoods?

**Contact details:** 

<u>SwyddogGrantiau@mantellgwynedd.</u> com or 01286 672626







### **VOLUNTEERING**



### TUESDAY'S 8PM- 9PM BANGOR

Arfon Swimming Club are looking for a volunteer Assistant Swim Coach to support our weekly session every Tuesday evening in Bangor at 8 pm.

You will be expected to prepare session training schedules, deliver feedback and help motivate swimmers to develop their

#### **BENEFITS:**

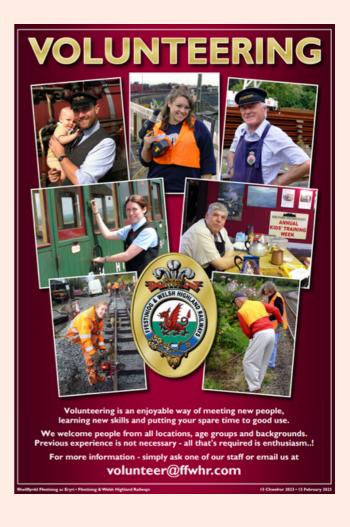
- Gain qualifications with Swim Wales
- **( Expenses paid**
- Mentoring from an experienced Coach

### **APPLY:**

hello@arfon.org.uk









### **SOCIAL VALUE CYMRU**



## 2023 NORTH WALES SOCIAL VALUE CONFERENCE



A special meeting of the North Wales Social Value Network



Contact us 01286 672626

≥ svc@mantellgwynedd.com



### Maximising Social Impact for Tenants in North Wales

The focus of the meeting will be on the local housing associations and the steps they are taking to commit to creating more impact through everything that they do.







OCTOBER 26TH

9AM -12:30PM YR OPTIC, ST ASAPH BUSINESS PARK













### **HEALTH & WELLBEING**



### **HEALTH & WELLBEING**





# GROUP FOR PEOPLE AGED 60+

COMMUNITY CENTRE
1ST TUESDAY OF EVERY MONTH
13:30 - 15:30



SOCIALISING
CRAFTS
STORY SHARING
ACTIVITIES
PANAD AND BISCUITS!



07385 783340 HWB@DREFWERDD.CYMRU



### **HEALTH & WELLBEING**

### **CAFFI COLLED**

**Bereavment Support Group** 

Llun 1af o'r mis/ 1st Mon of the month

4 MEDI/SEPT

2 HYD/OCT

6 TACH/NOV

4 RHAG/DEC

1-3pm

Canolfan Gorffwysfan Bethesda LL57 3AR

cysylltwch/contact:
Caplan Bro/Community Chaplain
Parch/Rev'd Sara Roberts:
sararoberts@churchinwales.org.uk

mob: 07967652981 FB: Caffi Colled



PAEK

Mental Health Awareness in Agriculture Session

In Welsh On-Line 11 Oct 2023 6pm

- What is mental health and how do you spot the signs of poor mental health
- How to start conversations with people who are struggling
- How to support people and what help is available
- Tips for looking after your own mental health

Book Now on Eventbrite or Scan the

code

The DPJ Foundation Events | Eventbrite



