

Mantell

NEWSLETTER FOR VOLUNTARY ORGANISATIONS IN GWYNEDD

Issue 46
July 2009



Volunteers' Week

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The first week in June is well established in the volunteering calendar as it is known nationally as Volunteers' Week. This year, it reached a special milestone as it celebrated its 25th anniversary. The three 'Rs' summarises the aims of the week in that it hopes to Recognise, Reward and Recruit Volunteers. The highlight of the Week in Gwynedd was the event organised by the Gwynedd Volunteer Centre in Llanberis. On a fine June day, nearly a hundred volunteers and representatives from organisations enjoyed a trip on the Snowdon Mountain Railway to Clogwyn station (3/4 of the way up Snowdon). There was a fantastic atmosphere on the train, with magnificent views along the journey. At Clogwyn station, there was an opportunity to take photographs, eat a picnic and enjoy a chat with fellow



1st - 7th June 2009

volunteers before returning to Llanberis. To follow, a 'Celebration and Thank you Tea' was held at the Electric Mountain in Llanberis. This event is a chance to acknowledge the valuable contribution made by volunteers throughout Gwynedd. Mr Aneurin Phillips, Chief Executive of the Snowdonia National Park, was the guest speaker and during the afternoon he presented certificates to a number of committed volunteers from Gwynedd who had been nominated for the "Wales Volunteer of the Year 2009" Awards.

Winners of the "Wales Volunteer of the Year 2009" from Gwynedd.



National Winner – Mrs Bettina Harden

In December each year, a challenge is set to people across Wales to nominate someone special who has inspired them by what they do as a volunteer, and this year a total of 215

nominations were received throughout Wales, nine of which were from Gwynedd. There are five categories in all and the judging panel selected one volunteer from Gwynedd to be among the national winners in the Trustee Category. She is Mrs Bettina Harden from Nanhoron, who volunteers with the Gateway Garden Trust. Bettina is the founder, inspiration, mentor and the drive behind the Gateway Garden Trust. Her vision, back in 1999, was to share the beauty and joy that she found in the historic gardens of Wales with disadvantaged and disabled people who would never usually visit such places. Having set up the Gateway Gardens Trust as a millennium project, she succeeded in getting 2000 people to visit

Welsh historic gardens in 2000. Through her tireless work, the 'area' of the Trust has expanded to cover Wales and parts of England. Bettina regularly volunteers 7 days a week – developing new ideas, researching to the history of the gardens, opening her own garden to Gateway groups, supporting and helping other volunteers as well as attending meetings. A tribute to her dedication is in the number of garden visitors last year – over 6000 people. Her enthusiasm and devotion makes her a deserving winner of Volunteer of the Year 2009 Award

For a full list of people who received a certificate, please see page 4.

Further news articles and information can be found on our website!

A word from the Chief Officer

I went up Snowdon not once but twice within a week recently, well, almost to the summit twice...

Last Friday I had the immense pleasure of being part of the opening celebrations of Hafod Eryri – the £8.5m visitor centre located on the summit of Snowdon.

There has been much deliberating over many years about this huge investment but eventually on Friday I stood within yards of Rhodri Morgan as he unveiled a huge plaque to commemorate the official opening.

Hafod Eryri is a truly unique building, an amazing architectural accomplishment on the summit of Wales' highest peak. A keen walker myself, I had been avidly interested in all of the debate surrounding this controversial development. Prominent mountaineers like Chris Bonnington had strenuously objected to its development, but, I have to say, as the clouds lifted and the sun shone on the summit last Friday I had absolutely no doubt whatsoever that this has to be the absolutely most befitting icon for the summit of Wales highest peak. It is truly amazing.

"What does Hafod Eryri have to do with the Third Sector in Gwynedd?" I hear you ask? This development is a prime example of how European funding, public funding and private investment can be amalgamated to create something really worthwhile. It shows how perfectly possible it is to

work across sectoral boundaries to create something amazing and, in this case, sustainable.

In addition to this of course there is further Third Sector relevance. Volunteers were actively involved from the outset in raising money when the appeal was initially launched. For other local organisations, such as the Llanberis Mountain Rescue Team made up entirely of volunteers from all walks of life that are called out throughout the year in all sorts of challenging conditions and have saved thousands of lives, Hafod Eryri will be a godsend. Let us not forget also the many hundreds of volunteers who are actively involved with environmental groups who work tirelessly to safeguard the unique environmental surroundings of Eryri.

Less than a week prior to the opening of Hafod Eryri, I had again been on the slopes of Eryri, but not quite to the summit, in a celebration of Volunteering. The annual celebration which gives thanks to the thousands of volunteers in Gwynedd was also celebrating 25 years of Volunteering Week this year. Our Volunteer Centre staff here decided to do something a little more challenging and take nearly 100 people up to the summit - on the train, I hasten to add! Technical hitches meant we could get up no further than Clogwyn Station but it still enabled a train load of volunteers to enjoy the views at Clogwyn, have a bite to eat and



make our way down to the Electric Mountain Centre for jolly good afternoon tea.

The Celebration Tea was hosted by Mr Aneurin Phillips, Chief Executive of Snowdonia National Park. My heartfelt thanks go to him for being such an excellent host, and particularly to the staff of our Volunteer Centre for their great efforts and commitment in making this an afternoon to remember. My greatest thanks, however, go to all the volunteers, some of whom were presented with national awards at the event. Gwynedd would be a far poorer place economically as well as socially if it were not for the County's 25,000 volunteers.

We look forward to Volunteering Week 2010 next year – will it be Scar Fell, Ben Nevis or Everest? We'll see!

Until Next Time...

Bethan

TRANSLATION EQUIPMENT

available to hire

Tel: 01286 672626 or

01341 422575



email: enquiries@mantellgwynedd.com

or beryl@mantellgwynedd.com,

www.mantellgwynedd.com

Charity No: 1068851 Company No: 3420271

Code of Practice for funding the Third Sector

This code sets out the key principles which will underpin Assembly funding for the Third Sector and what the Assembly expects in return. The Welsh Assembly Government recognises that the Third Sector has an important role to play in helping it to achieve its objectives, in particular in realising its vision of a safer and more inclusive society where everyone has the chance to fulfil their potential. The revised Code of Practice has now been published and is available on the Assembly's website.

To view and download news and information for Wales from:
Wales Council for Voluntary Action (WCVA) visit the **News** section on
 Mantell Gwynedd's website - www.mantellgwynedd.com

GO TO THE EISTEDDFOD!



Rock workshop at Harlech.



A special journey will take place on August 2nd - from Blaenau Ffestiniog to the National Eisteddfod in Bala. The excursion is being organised by Ceri Cunnington of Community First Blaenau Ffestiniog. Ceri is keen to see more Welsh medium outdoor activities and to see the activities incorporate the rich traditions, folk stories and history into the outdoor experience. The journey will start with a walk along the old railway line from Blaenau Ffestiniog to Cwm Prysor, overnight camping, followed by cycling and canoeing the rest of the way to Bala.

This Triathlon is part of a series of activities organised by Mantell Gwynedd over the last 3 months to raise awareness of the National Eisteddfod in Bala (1st – 8th August). Mantell Gwynedd has also organised a presence from the Welsh medium organisations to the Community First Health Day in Barmouth.

Presentations in English by Twm Morys and Iwan Llwyd on the rich Welsh Literature scene were organised in Llanegryn, Tywyn, Barmouth, Dolgellau and Harlech.

For the young people, rock workshops

were organised in Tywyn and Harlech with the participants hopefully putting on a performance in the Eisteddfod. A group of young people based at the Cell, Blaenau Ffestiniog, will produce articles for their new magazine ClinCR about what the Eisteddfod has to offer young people.

The work was supported by a Welsh Language Board grant, administered through the Gwynedd Welsh Language Promotion Group. We are grateful to all of you who contributed in organising the activities and especially Sian Northey who has worked hard in getting things off the ground.

National Eisteddfod Meirion 2009

Mantell Gwynedd will have a stand at the National Eisteddfod field in Bala. Sharing the stand with us are 18 other organisations/voluntary groups. Remember to call and see us – there are a number of events planned for the week!

MANTELL GWYNEDD STAFF

CAERNARFON: Chief Officer: Bethan Russell Owen. **Services Team: Support Services' Senior Officer:** Meinir Jones, **Health and Soc. Care Facilitator:** Sioned Llwyd Larsen, **Children and Young People Facilitator:** Ann Vaughan Jones, **Grants and Support Officer:** Delyth Vaughan. **Finance and Administration Team: Deputy Chief Officer and Head of Finance and Operations Team:** Ceren Williams, **Administrative Officer:** Bronwen Rowlands **Administrative Assistant:** Tracy Lynne Rotheram, **Gwynedd Volunteering Centre Team: Volunteer Co-ordinator:** Rhianon Jones, **Volunteering Officer:** Iola Till, **Youth Volunteering Officer:** Mirain Roberts, **Gateway Engagement Officer:** Carys Williams. **DOLGELLAU: Finance and Administration Team: Administrative Assistant:** Beryl Norgrove, **Volunteer Bureau Team: Volunteering Officer:** Ann Angharad Fleming

The deadline for information or articles to be included in the next edition of Mantell is **16th November, 2009**. Please send or email any information to Beryl Norgrove in Dolgellau: beryl@mantellgwynedd.com • Tel: 01341 422575

Another opportunity to recognise volunteers' contributions.

Winners of the 'Wales Volunteer of the Year 2009' Awards

Nominee	Category	Volunteers with	Nominator
Bettina Harden	Trustee	Gateway Garden Trust	Mrs Cath Baker
Elinor Ellis	Trustee	Plas Glyn y Weddw Gallery	Mr Gwyn Jones
Mathew Penri Williams	Young Person	Lleisiau'r Llan	Catherine Teresa Evans
Marion Hughes	Adult	Menter Fachwen	Simon Higgins
Jenny Jones	Adult	Relate North Wales	Alex Jaundrill
Mrs Glenys Parry	Adult	North Wales Ambulance Service	Joan Roberts
Mr Ernest Wright	Adult	SSAFA (Soldiers, Sailors, Airmen and Families Association)	Col John Egan
Mark Lawrence	Green	BTCV Cymru	Jenny Crouch,
Barmouth Resort Improvement Group	Group		Mr Kevin Chambers

Queen's Award for Voluntary service

Recognise the groups volunteering in your community.

Since Her Majesty's Golden Jubilee, the Queen has awarded this national prestigious honour to hundreds of voluntary groups in the UK. The Queen's Award for Voluntary Service is equivalent to an MBE and recognises outstanding contributions that volunteers make to their local communities.

It's easy to nominate!!

Visit :- www.queensawardvoluntary.gov.uk

E-mail:- queensaward@consol.co.uk

Telephone :- 020 7781 2397

Closing Date :- 10th October 2009

Gwynedd Volunteer Organisers' Network

A meeting of the network was held in Tremadog on Tuesday, 19th May. A number of representatives from organisations attended a presentation given by Emma Leighton Jones from the

WCVA Criminal Record Unit. She shared information about the work of the Unit as well as the major changes in safeguarding that are happening in October 2009. For more information about safeguarding children and vulnerable adults click on one of the websites below :-

- www.isa.gov.org
- www.wcva-cru.org.uk
- www.crb.gov.uk
- or telephone 0800 197 391

Volunteers' Week 2009... through the eye of the camera



Ready for tea! The Electric Mountain, Llanberis.



Clogwyn station



Representatives from WRVS who joined the Volunteering information stall in Bangor



Lynne Edwards cutting the Birthday Cake



The Information stall in Pwllheli market.

Life Skills – Big Lottery Fund



The Life Skills programme has approximately £14million available to deliver services throughout Wales that will support

targeted groups of economically inactive people to engage or re-engage with education, learning, volunteering and employment.

Groups being targeted are:

- Care leavers
- Carers and former carers returning to work
- Economically inactive families

The Life Skills project is not a grant-making programme. The project will follow a strict competitive tender process.

If you are interested in the project please visit:

www.sell2wales.co.uk/notices/display.html

to see the Pre-Information Notice and the Bidder Information Pack.

Village SOS – Big Lottery Fund and BBC

Village SOS is an exciting new initiative from the Big Lottery Fund and the BBC

It is searching for six UK villages with a great business idea and six enterprising individuals to act as Village Champions to help them achieve their ambitions.

Together they will create a brand new venture that will bring new life and energy to the village with funding of between £100,000 and £400,000 from BIG.

The journey of the six successful villages and their Village Champions will be filmed for a major prime time BBC 1 series that will be broadcasted in the winter of 2010.

For more information on the Village Champions visit:

www.cronfaloterifawr.org.uk

Or for the Village Venture visit:

www.bbc.co.uk/villagesos
or call 0844 88 88 677

The Waterloo Foundation

Although the funding priorities for the Waterloo Foundation are the Environment and World Development, the original founders of the Foundation live and work in Wales.

At a global and local level the Foundation is looking for applications that have the potential to make a difference.

There are two priorities for their funding programme in Wales which are 'working' and 'caring'.

Although there is no upper or lower limit, awards made under the Working or Caring Wales programmes have ranged from £5,000 - £20,000.

For more information please visit

www.waterloofoundation.org.uk

or The Waterloo Foundation,
46-48 Cardiff Road, Llandaff,
Cardiff, CF5 2DT.

'Galluogi Gwynedd' Fund

Funding is still available for voluntary and community groups across Gwynedd to submit an application for capital funding up to a maximum of £10,000.00 towards creating, renovating or refurbishing community buildings/facilities/assets.

The next closing date will be 30th September 2009 and then 31st December 2009. All applications must arrive by hand or post before 5.00 pm.

To discuss any project ideas or for more information or an application pack please contact Delyth Vaughan at Mantell Gwynedd on 01286 672 626 or e-mail delyth@mantellgwynedd.com

You can still 'Go For It'

A reminder that the 'Go For It' fund is still going. The fund is aimed only towards the non-sporting voluntary sector groups across Gwynedd who do not have direct involvement with sports and keeping fit.

The fund is aimed at encouraging additional, new physical activities within communities to help promote and improve fitness and better health.

For more information please contact Delyth Vaughan on 01286 672 626 or delyth@mantellgwynedd.com

GWYNEDD COMMUNITY ARTS FUND

Interested in running an arts activity in your community?

Apply for up to £500.00 grant from the Community Arts Unit, Gwynedd Council.

Submit a grant application by one of the following closing dates:-

30.06.09 *30.09.09*
30.12.09

For more information please contact : GWAWR WYN ROBERTS
Y Celfyddydau, Archifdy Caernarfon,
Y Gyfadran Datblygu, Swyddfa'r Sir,
Caernarfon, Gwynedd, LL55 1SH
(01286) 679721
GwawrR@gwynedd.gov.uk
www.gwynedd.gov.uk/celf

Youth Led Grant – GwirVol.



Following the success of the Youth Led Grant in '08/09, for this year '09/10 there will be £5000 of grant money to share out to groups to develop volunteering opportunities to young people. Groups are able to apply for a maximum grant of £500.

The closing date to receive application forms for the first round was the 1st of May. 11 applications requested money from the fund.

A group of young volunteers came together on the 30th of April for a training session on how to score applications and allocate grants, and it is them who will be making the decision on which application will be successful. On a Thursday night, 7th of May and a Tuesday night the 12th,

the Grant Allocation Panel came together again - to look at the applications received, and to decide on which ones will be funded.

The successful applicants were— Clwb Antur Menai, Cwmni Ifanc Ty'r Ysgol, Menter y Felin Uchaf Cyf., Cynllun Cwlwm, Clwb Ffermwyr Ifanc Bryn-crug, Baner y Gors, Iwth Pen, Celfyddydau Celynin

The closing date to receive application forms for the second round will be Friday 2nd of October 2009.

For an application pack or for more information regarding the fund contact Mirain Roberts at Mantell Gwynedd on 01286 672626 mirainroberts@mantellgwynedd.com

Laptops and digital equipment for hire to Third Sector Children and Young People Organisation in Gwynedd

Just a reminder that Mantell Gwynedd has a number of laptops and digital equipment available for hire to organisation in order to carry out activities with children and young people.

To enquire about the equipment available, please contact Ann Vaughan Jones – Children and Young People Facilitator on 01286 672626 or annvaughan@mantellgwynedd.com

Saying Farewell to the Gwynedd Children and Families Forum and Introducing the Gwynedd Children and Young People Network.

During an Extraordinary General Meeting on 2nd of March to decide on the future of the Gwynedd Children and Families Forum, members were given an opportunity to discuss the options available. Voting ended in a decision being made to bring the Forum as a charity to an end. This was not all fruitless as Mantell Gwynedd through the work of the Children and Young People Facilitator had assured members that the work would carry on and that a Children and Young People Network for Gwynedd would be established in its place. The Forum was set up initially to offer advice, support and networking opportunities to individuals, groups and organisations involved in the care, development and welfare of children and young people. These were mainly Third Sector organisations and membership was free. All of these arrangements will continue.

The first meeting of the Gwynedd Children and Young People Network was held at the Leisure Centre, Porthmadog on 30th June. This was an opportunity to re-launch the network events as well as giving members an opportunity to have their say in relation to future meetings i.e. location, time etc. As well as all this, members were updated on the final version of the Children and Young People's Plan by Darren Griffiths, Gwynedd Children and Young People Strategic Manager. A presentation was also given by Bethan Eluned on the new Rural Development Plan - 'Succeeding in Gwynedd'. Bethan briefed all members on the four main projects implemented under axis 3 and 4 of the plan. This was followed by a presentation and workshop by Carys and Delyth of Mantell Gwynedd on the Engagement Gateway, which targets the economically inactive in Gwynedd. Finally members were given an opportunity to share information and network before lunch was provided.

**For further information, or advice about any aspect of volunteering, contact the Gwynedd Volunteer Centre on:
Tel: 01286 672626 / 01341 422575 or e-mail:
gwirfoddoli@mantellgwynedd.com**

ENGAGEMENT GATEWAY

The WCVA launched the Engagement Gateway project in April 2009. The aim of the project is to reduce economic inactivity in Wales by investing in organisations that can help people make progress towards employment. Organisations were invited to complete a Pre Qualifying Questionnaire (PQQ) in order to join the approved supplier list.

The closing date for the first round of PQQ was 15th May. 408 PQQs were received across the Convergence area with 85 organisations declaring that they intended to work in Gwynedd.

A list of the approved suppliers is expected in July, with a pilot project for offering tenders to be run in August. Following this pilot, the groups on the approved list will then be given the opportunity to tender for contracts.

Also, it is expected that there will be another opportunity for groups to

present Pre Qualifying Questionnaire, with a closing date in November / December 2009. This gives groups the opportunity to compile information for the questionnaire. There will be more information in the next issue of Mantell.

For more information about the Engagement Gateway, or if you wish to present a questionnaire and need assistance - contact Carys Williams in the Caernarfon office on 01286 672626 or e-mail

carys@mantellgwynedd.com

Health, Social Care and Well-being

MENTAL HEALTH ADVOCACY SERVICE

Mental Health Advocacy is a free, independent, confidential and non judgemental service for people struggling with mental health issues or who are recovering from an illness related to their mental health.

Appointments with an Advocate worker are available to clients who live in the Caernarfon and surrounding areas on Wednesday mornings between 10am and 2pm at the Institute Building , Pavilion Hall, Caernarfon LL55 1AT. The appointments will run for an hour with individual clients and it is a bilingual service.

Please note it is not a drop in and appointments must be made in advance by phoning Elaine Hughes on: 01248 353812.

Pandemic Influenza and Third Sector Organisations

The Department of Health has produced Guidelines for third sector organisations which gives background information and highlights key areas for consideration to support third sector organisations to plan, prepare and respond to pandemic influenza. For more information log on to: <http://new.wales.gov.uk/topics/health/?lang=eng>

Single Equality Scheme for Betsi Cadwaladr Univeristy Local Health Board

The North Wales Equalities Group is currently working on a Single Equality and Human Rights Scheme for the above new organisation which will be fully operational from October 1st 2009. If you would like more information about the schemes or if you would like to get involved please forward your contact details to equality.feedback@nww-tr.wales.nhs.uk or telephone Clair Tipton on 01248 682666.

Have you got an idea for a business?

The Llwyddo yng Ngwynedd Venture project can help you! Idea Generation Workshops Advice and guidance on setting up your business. Bursary of up to £1,000 towards the costs of setting up your business

If you..

Live in Gwynedd, and...

A member of a farming family, or

Between 20-30 years old, or

Under 10 years old, or

A member of a Community Group, or

Are Under-employed

Contact us for more information!

mentro@menterabusnes.co.uk

(01248) 672633

2009/10 NOCN LEVEL 3 COURSE – YOUTH WORKERS

The Youth Service in Gwynedd have allocated 5 places for members of Third Sector organisation in Gwynedd on the above course. These are the dates for the full course: Saturday - October 17, 2009, Saturday & Sunday - November 14 + 15, 2009, Saturday & Sunday - January 16 + 17, 2010, Saturday & Sunday - March 6 + 7, 2010

There are a few changes to the course for 2009/10 but the expectations are the same as in 2008/9. Further details will be available to those who show an interest. If you would like to attend, then please get in touch with me as soon as possible please? Contact Ann Vaughan Jones on 01286 672626 or annvaughan@mantellgwynedd.com

GOFAL GALAR CRUISE GOGLEDD CYMRU

Cruse Bereavement Care North Wales are holding their first ever Bereavement Conference. This will take place at the Interchange Conference Centre Old Colwyn, Conwy on 30th of September 2009. The issues discussed will be :

- 1.What we know works with bereaved children -David Trickey, Consultant Clinical Psychologist.
- 2.Love, loss and the roots of complicated grief- Colin Murray Parkes, Consultant Psychiatrist.
- 3.Three year's reseach on the effect of losing a parent in childhood and how that impacts on adult life- Jackie Ellis PhD student at the University of Liverpool where she is part of the Academic Palliative and Supportive Care Studies Group (APSCSG)

This conference will benefit anyone working with bereaved adults or children. For a booking form or for further details please email: crusenorthwales@btconnect.com or call 08445 617 856

Mantell Gwynedd Training and Events September - December 2009

Grants – Fit For Funding - Preparing applications and supporting documents
9 September 2009

10.00am – 4.00pm
Corris Institute
Cost: £10 Members of Mantell Gwynedd, £20 Non-member voluntary sector, £40 Private and statutory sector.

Emergency First Aid
24 September 2009

10am – 4.00pm
Medi-Tec, Intec, Parc Menai, Bangor
Cost: £50 Members of Mantell Gwynedd, £60 Non-member voluntary sector, £70 Private and statutory sector

Basic Child Protection

To develop a basic awareness, knowledge and understanding of issues relating to the safeguarding and protection of children and young people and the ability to act on concerns about, their safety and welfare.
10 November, 2009

10.00am – 4.00pm
St. Mary's Church, Tremadog
Cost: £10 Mantell Gwynedd Members, £20 Non-members voluntary sector, £50 Private and Statutory sector

Gift Aid (run by the WCVA)

Make the most of your donations. You can get money from the Income Tax! Come and see how.
15 September, 2009
10am – 1.00pm
Technium Cast, Bangor

We hope to have dates for courses on Risk Assessment and Tendering soon. If you would like to discuss your organisations' needs or for more information please contact us at Mantell Gwynedd, The Old Police Station, Y Lawnt, Dolgellau, Gwynedd, LL40 1SB. Tel 01341 422575 or dolgellau@mantellgwynedd.com.

‘Courses for Communities’ (CCC)
OTHER COURSES ACROSS NORTH WALES
A new affordable training programme for community and voluntary groups delivered through a partnership between County Voluntary Councils (CVC's), volunteer centres and the WCVA

Date	Location	Contact CVC	Duration
Grants - Fit for Funding			
27 July 09	Ruthin	DVSC	1 day
Business and Strategic Planning			
7 Sept. 09	Rhyl	DVSC	1 day
Earning			
28 Sept. 09	Colwyn Bay	CVSC	1 day
Creating Publicity and Marketing Materials			
5 October 09	Rhyl	DVSC	1 day
Getting the Best from your Volunteers			
12 October 09	Rhyl	DVSC	1 day

For general enquiries on the Courses for Communities Cymru programme, please contact the WCVA Helpdesk on **Tel: 0800 2888329** or email: help@wcva.org.uk

If you would like to discuss the training needs of your organisation or wish to find out more about the training that Mantell Gwynedd offer, please contact: Mantell Gwynedd, The Old Police Station, Lombard Street, Dolgellau, Gwynedd LL40 1SB. **Tel: 01341 422575 neu dolgellau@mantellgwynedd.com**