



Volunteer Opportunities recently registered with the Gwynedd Volunteer Centre (Sept 2012)

1. **PROMOTING THE BRITISH HEART FOUNDATION** - help support the British Heart Foundation locally. Currently there are active volunteer groups in Tywyn & Aberdyfi, Bala, Dolgellau and Caernarfon who are seeking new volunteers to promote and raise funds for the BHF locally.
2. **COMMUNITIES 2.0** - helping communities and small enterprises to make the most of the internet by breaking down the barriers to using technology and building confidence. Digital champions are required to run introductory computer courses and help run ICT drop-in sessions.
3. **THE BIG ISSUE CYMRU** – helping homeless people earn a living by selling a quality magazine. Volunteers required to help vendors to sell the magazine by creating information posters which introduce the vendor the community and raise awareness of how the Big Issue Works to empower homeless people.
4. **HAFAL – TY ADFERIAD** - Hafal support and empower people with serious mental health issues. Trainee support volunteers are needed in the new centre in Porthmadog. Tasks include engaging with service users, taking part in activities and helping with general housekeeping chores.
5. **TENOVUS SHOP IN CAERNARFON** - **Tenovus** is the cancer charity that brings care, treatment, support and research right to the heart of your community. Volunteers are needed to help with all aspects of running a shop in Caernarfon.
6. **GISDA** - supports homeless young people and families. Volunteers are required to help raise awareness of the charity and to look at different ways of fundraising. Experience of working with young people desirable.
7. **AGE CYMRU GWYNEDD A MÔN** – Three new opportunities :-
 - Volunteer Cafe Assistant required in the Criminal Justice Centre, Caernarfon
 - Volunteer Cafe Assistant at the Hafan Cafe by the bus stop in Bangor.
 - Volunteer shop assistant in the newly opened **CHARITY SHOP IN PORTHMADOG**.
8. **FAIRBOURNE RAILWAY** - Volunteers needed to help keep this historic railway running. Help with a wide range of tasks including fundraising, cafe, and engineering, administration, outdoor - practical and railway duties.
9. **GRWP MYNEDIAD MEIRIONNYDD ACCESS GROUP** - Improving access to services and facilities for people with physical and sensory disabilities within Meirionnydd. A Secretary is required for the group to organise meetings which are generally held every two to three months in the Glan Wnion Leisure Centre Dolgellau. Computer skills are needed.
10. **CYMYDMAEN CYF – CANOLFAN FENTER GONGL MEINCIAU BOTWNNOG** - a Community Group working for the welfare of communities in Pen Llŷn. Help is required to run the '100% Producers Shop' - by greeting customers, using the till and stocking the shelves.
11. **CEGIN PEBLIG** - prepares affordable food and training for young people. An assistant cook is required to prepare and cook food with no supervision. Cooking skills are needed, together with experience of catering and good communication skills.
12. **NATIONAL COASTWATCH INSTITUTION** - enhances safety and life in UK Coastal Waters and along the coastline, beaches and coastal footpath. Watchkeepers, fundraisers and general administration helpers required for this organisation. Full training given. Uniform required
13. **HEAR TO MEET VOLUNT-EAR** - Could you make a real difference to people (50+) with hearing loss who have become isolated from their local community? Do you want to meet like-minded people and have a chat over a friendly cup of coffee? If so volunteer for Hear to Meet.
14. **DWYFOR ADVENTURE CLUB, PWLLHELI** - The Dwyfor Adventure Club is looking for a bi-lingual volunteer to update and keep a register of members and also to collect money during their weekly climbing sessions in the Dwyfor Leisure Centre.
15. **NORTH WALES PRIDE 2012** - Stewarding and Event Organising – North Wales Pride 2012 need volunteers to help with this event which is being held on the 5th – 7th October 2012 at Hendre Hall, Bangor. Various opportunities available - including camping and car park stewards. Be involved!
16. **CHILDLINE/NSPCC**- Schools' Service Programme Volunteer to give presentations in order to increase children's understanding of abuse(including bullying).
17. **SNAP Cymru** – provides support and advice to families and children on issues regarding additional learning needs and disabilities. A bilingual volunteer is required to take telephone calls, make referrals and give initial advice.
18. **North Wales Society for the Blind** – needs volunteer drivers and help with fund-raising.
19. **Harlech and Ardudwy Leisure** – need volunteers to assist with coaching or teaching. Also help is required in the cafe.
20. **Tan y Maen Centre, Blaenau Ffestiniog** – needs volunteers to help with drop-in sessions.

For further details of any of the above opportunities please contact
Gwynedd Volunteer Centre on 01286 672626 / 01341 422575

www.mantellgwynedd.com