








*Yn cefnogi grwpiau gwirfoddol a chymunedol  
Supporting voluntary and community groups*

Name of organisation	Name of project	Project Brief
<p><b>Abbey Road Health and Wellbeing Centre, Bangor</b></p> 	<p>Drop in Centre, Abbey Road Centre</p>	<p>Mental health drop in centre and provides a link between local psychiatric service users and community rehabilitation. The centre also provides group activities including reading and art, music and walking. The centre also offers therapies including Indian head and hand massage.</p>
<p><b>Anheddau</b></p> 	<p>Maximizing Person Centred Planning – Two supported Living Places in Caernarfon</p>	<p>The project takes place in two supported living places in Caernarfon working with mental health and learning difficulties.</p>
<p><b>Tan y Maen</b></p> 	<p>Tan y Maen Wellbeing Centre</p>	<p>The Community Wellbeing project includes drop in and ad-hoc support, group therapy, peer support and wellbeing activities including mindfulness, arts and crafts and walking.</p>
<p><b>The Outdoor Partnership</b></p> 	<p>Pathways to Employment Programme</p>	<p>The programme works with unemployed people currently underrepresented in the outdoor sector, mainly females, disabled people and those living in poverty. The programme uses the outdoors as a means of engaging with the target group to improve skills, confidence, innovation for work, health and well-being.</p>
<p><b>WITH (Welsh Institute of Therapeutic Horsemanship)</b></p> 		



**Cwmni'r Frân Wen**

**FRÂN WEN**

Fi Di Fi

Fi di Fi is a multi-arts project aimed at children and young people to encourage the use of the arts to promote health and wellbeing.

**Kaleidoscope**



AFFINITY

NW DIP project (AFFINITY) provides interventions in order to reduce substance misuse related offending.

**Stepping Stones**



Stepping Stones






Counselling service across North Wales for victims of rape or sexual abuse. The service provides services and support to individuals and to their family members, carers and friends as required.

**Tyddyn Môn**



Supported living and Day Care Services at Brynrefail, Dulas and Amlwch.



Support care and guidance for adults with learning disabilities. Activities are centred around the farmhouse and café and workshops and the project will focus on the value of these and include: pottery and art workshops, gardening, and wood gym.






<p><b>Create a Smile</b></p> 	<p>Benjamin Tea Rooms</p>	<p>Support and help for children and young people with autism.</p>
<p><b>Creating Enterprises CIC</b></p> 	<p>Employment Academy - Mochdre</p>	<p>The Employment Academy provides a range of different initiatives to suit the needs of social housing tenants in relation to employability, skills development, volunteering and confidence building and ongoing support once in employment.</p>
<p><b>Cyfle Cymru</b></p> 	<p>Cyfle Cymru – North Wales</p>	<p>Cyfle Cymru is a project approved and launched in August 2016 to support a wide range of people in recovery from substance misuse or poor mental health or both, into work, education or training.</p>
<p><b>North Wales Housing Association</b></p> 	<p>Noddfa Hostel Social Value project</p>	<p>Noddfa Hostel is situated in Colwyn Bay and provides temporary, supported housing accommodation for single homeless people and families who are vulnerable and need support with day to day living and employment.</p>
<p><b>Aberconwy Mind</b></p> 	<p>Improving recovery group – MIND Llandudno</p>	<p>This project will focus on the drop in centre and establishing links with existing users and recovery provision in the medium of weekly group based training and development.</p>




Gyngor Gwasanaethau Gwirfoddol Sir  
Ddinbych  
Creu Cymunedau Cryf drwy Weithredu  
Gwirfoddol

Denbighshire Voluntary Services Council  
Building Resilient Communities through  
voluntary action

<p><b>Book of You CIC</b></p> 	<p>Book of You</p>	<p>This project is working with 30 older people and people with dementia across Conwy and Denbighshire in creating digital story books, in partnership with Age Connect (North Wales Central).</p>
<p><b>Citizens Advice Denbighshire and South Denbighshire Community Partnership</b></p> 	<p>Your Place or Ours</p>	<p>This project is working together with the communities of Corwen, Carrog, Glyndyfrdwy, Llandrillo, Cynwyd, Melin y Wig, Betws Gwerfil Goch and Bryneglwys to reduce isolation, improve wellbeing and increase resilience primarily for older people and those unable to access services.</p>

<p><b>Dangerpoint</b></p> 	<p>Dangerpoint</p>	<p>This is a programme for year 5 / 6 pupils and includes a guided interactive tour to teach them about making positive life choices and increase Health and Safety awareness.</p>
<p><b>Deaf Blind Cymru</b></p> 	<p>See Hear – Deafblind group</p>	<p>This project runs a peer support &amp; social group with a fixed monthly meeting at the Wrexham volunteer centre, AVOW. Ages of the attendees range from approx. 50 years upwards, with more than one in their nineties. The group exists to address the isolation so often entwined with deafblindness. It provides the deafblind community with the platform for social contact, interaction, mental stimulation and fun.</p>
<p><b>Care and Repair North East Wales Limited</b></p>  <p>Care &amp; Repair North East Wales Gofal a Thrwsio Gogledd Ddwyrain Cymru</p>	<p>Place for You, Shotton</p>	<p>Community engagement and wellbeing project establishing and enhancing local groups and activities and offering access to training provision. The project supports a range of different groups including older populations, armed forces veterans and young people.</p>
<p><b>KIM Inspire</b></p> 	<p>KIM 4 Her, Wrexham</p>	<p>10 week support for women with mental health needs in Wrexham. Some of the women will currently be leaving psychiatric services and will need support to re-build resilience and reduce isolation by encouraging them to take on daily tasks.</p>
<p><b>Menter iaith</b></p> 	<p>Menter iaith Fflint a Wrecsam</p>	<p>Assessment of the social and economic impact work carried out by Menter iaith Fflint a Wrecsam on developing skills.</p>

<p><b>Erlas</b></p> 	<p>Erlas Victorian Walled Gardens</p>	<p>Meaningful daytime activities for adults with learning and mental health issues. By understanding what individuals can do through assessment and care plans, they are encouraged to utilise these skills in gardening; increase fitness and stamina; healthy eating and developing social skills.</p>
<p><b>Empower – Be the Change</b></p> 	<p>Qualified, Resilient, Empowered</p>	<p>The programme will expand delivery of the Empowerment programme to a wider range of groups and individuals across this geographic area with the primary purpose of enabling individuals to become qualified (through the completion of ILM qualifications), Resilient (through the use of a mental toughness tool and mentoring) and combining these to become Empowered.</p>
<p><b>Dynamic</b></p> 	<p>Dynamic after school and holiday activity groups</p>	<p>The project offers after school and holiday activity for disabled children and young people aged 8-25.</p>
<p><b>Advance Brighter Futures</b></p> 	<p>BYW (Believe You Will)</p>	<p>The project assists individuals who receive acute and secondary mental health care support to rebuild a life and recover and reintegration into the community.</p>
<p><b>BAWSO</b></p> 	<p>Black and Minority Ethnic Group Outreach project</p>	<p>Support for Black and Minority Ethnic Groups who are victims of domestic abuse.</p>

## North Wales Measuring Social Value Projects

