

Your Place or Ours



The organisation

This project is working together with the communities of Corwen, Carrog, Glyndyfrdwy, Llandrillo, Cynwyd, Melin y Wig, Betws Gwerfil Goch and Bryneglwys to reduce isolation, improve wellbeing and increase resilience primarily for older people and those unable to access services.

A partnership created in Corwen to develop an empowered, healthy and thriving community centre, where everyone belongs. The centre has become the heart of the community where they run lunch and social clubs, community transport, access to services and advice, family events and much more.

Results of the report

- 46% of service users reported a reduction in stress or anxiety as a result of the project's activities
- 54% of volunteers working on the project reported reduced stress and anxiety and reduced feeling of isolation
- 23% of them reported a reduced feeling of isolation
- Your place or ours positively contributes to the 'A Wales of cohesive communities' & 'A healthier Wales' elements of the well-being goals of the Future Generations act.







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