



Kaleidoscope



Kaleidoscope is a registered charity who supports people with drug, alcohol and mental health issues throughout all regions of Wales. They also provide a dual diagnosis hostel in Kingston London, and an older person's day care centre in Alfriston London, drug and alcohol services throughout Shropshire, and a residential detox unit in Birkenhead.

The Kaleidoscope project in Anglesey provides interventions in order to reduce substance misuse related offending. This is done in a variety of ways and specifically there are four main gateways to access the project, arrest referrals, conditional cautions, prison release and drug rehabilitation requirement. The project has developed a fourteen week group work programme that educates, informs and involves individuals to become healthier, productive and resilient.



Results from the project

- The report showed 91% clients had Improved physical health after attending the Kaleidoscope project
- 87% of clients reported improved mental well-being after attending the Kaleidoscope Project
- The report indicated that clients have improved social interaction and family relationships after getting their lives back on track
- The Kaleidoscope project positively contributes to 'A more equal Wales' & 'A healthier Wales' elements of the Well-being of Future Generations (Wales) act 2015

Next steps:

"The social value pilot that we undertook with the guidance of the Social Value Cymru team was amazing. We attended all the training sessions and facilitated a service user focus group. The focus group gave us far more insight into the service user journey than the more traditional way of recording outcomes. In fact, it helped us to realise how much we had undervalued the impact of the Health and Well-being program that we were delivering.

Eleri and the team at Social Value Cymru were excellent and guided us through the whole process. We are now, as an organisation looking at the best way to embed the process into service delivery and the recording of 'well rounded outcomes' so that it compliments and adds value to those traditional reporting measures as well as enabling us as a service how to best deploy our resources".

Peter Moorhouse, Resilience Service Manager North Wales



svc@mantellgwynedd.com

www.mantellgwynedd.com/social-value-cymru.html

