

Mantell

NEWSLETTER FOR VOLUNTARY ORGANISATIONS IN GWYNEDD

Issue 65 • May 2014

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The High Sheriff of Gwynedd and Anglesey Award



It is a pleasure to report that Mantell Gwynedd recently received an award from the High Sheriff of Gwynedd and Anglesey. The annual awards ceremony took place on the 20th of March when Mantell Gwynedd received one of the High Sheriff's Personal Award. The award is in recognition of the contribution of volunteers with the Ffrindia' befriending project. The aim of the project is to support and improve the lives of individuals who are lonely, isolated or at risk of being socially excluded across the county.



ESF
Llywodraeth Cymru
Welsh Government

Ewrop & Chymru: Buddsoddi yn eich dyfodol
Cronfa Gymdeithasol Ewrop

Europe & Wales: Investing in your future
European Social Fund

ERDF
Llywodraeth Cymru
Welsh Government

Ewrop & Chymru: Buddsoddi yn eich dyfodol
Cronfa Datblygu Rhanbarthol Ewrop

Europe & Wales: Investing in your future
European Regional Development Fund



ARIENNIR GAN Y LOTERI
LOTTERY FUNDED

MANTELL GWYNEDD

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Tel: 01286 672626 • Fax: 01286 678430

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Dolgellau, Gwynedd, LL40 1SB.
Tel: 01341 422575 • Fax: 01341 422147

Website: www.mantellgwynedd.com



MANTELL GWYNEDD STAFF**Chief Officer:**

Bethan Russell Williams

DEVELOPMENT & SERVICES TEAM**Senior Development & Services Officer:**

Delyth Vaughan

Social Enterprise Development Officer:

Eleri Lloyd

Making the Connections Officer:

Carol Evans

Children & Young People Facilitator (from April 2014)

Paul Edwards

TEULU NI PROJECT**Teulu Ni Project Officer:**

Mair Richards

FAMILY BUDDIES**Arfon**

Dawn Jones, Janet Jones

Dwyfor

Llinos Owen Jones

Meirionnydd

Iona Williams

HEALTH TEAM**Health & Social Care Facilitator:**

Sioned Llwyd Larsen

Ffrindia' Project Manager:

Carys Williams

Arfon Volunteer Co-ordinator:

(Nia Haf Jones) Alan Thomas temporary

Dwyfor Volunteer Co-ordinator:

Dawn Thomas

Meirionnydd Volunteer Co-ordinator:

Mirain Roberts

FINANCE & ADMINISTRATION TEAM**Deputy Chief Officer & Head of Finance &****Operations Team:**

Ceren Williams

Administration Officer:

Bronwen Rowlands

Finance Assistant:

Tracy Williams

Administration Assistant:

Tracy Lynne Rotheram

Administration Assistant:

Ellen ap Dafydd

Receptionist (from April 2014)

Hilary Jones

VOLUNTEER CENTRE TEAM**Volunteer Co-ordinator**

Carwyn Humphreys

Volunteer Officer:

Ann Angharad Fleming

Volunteer Officer (until March 2014)

Iola Till

Volunteer Officer (from April 2014)

Gwenllian Glyn Dafydd

A note from the Chief Officer

It's wonderful to see the days lengthen and the weather warming up after winter. It's a sign that Spring is with us and Summer is, hopefully, on its way. It's a time of year when we can look forward.

As you will see from the front cover of this newsletter we were privileged to accept an award earlier this month from the High Sheriff of Gwynedd and Môn for one of our Big Lottery funded projects named 'Ffrindia'.

To those of you who are familiar with this project you will know that we have worked with our partners Age Cymru Gwynedd and Môn and Carers Outreach to recruit volunteers to offer a befriending service to individuals in Gwynedd aged 50+ who are lonely and in danger of social isolation.

Since the project commenced in January 2012 it has been an outstanding success. Thanks to almost £1m of Big Lottery funding which Mantell Gwynedd received as part of the Lottery's Advantage programme, 132 individuals have benefited from a volunteer befriender and 95 individuals have given their time to provide this unique service. Those who benefit from their volunteer befrienders have told us time and time again how it has improved their lives beyond expectation. Enjoying a volunteer's company for an hour or two a week has given them a new lease of life.

This project highlights many important principles to us. Firstly, it highlights the immeasurable value of volunteers. Just two hours a week can make such a difference to a lonely individual. The volunteers themselves also tell us that giving their time to help others has made them also feel special. Secondly, it demonstrates how the voluntary sector, by coordinating such informal projects, can bring about huge savings to the public sector. Evidence from this project already shows that individuals who previously attended a doctor's surgery on a regular basis or depended on social services now feel better and less reliant on such services. Thirdly, the project shows us how we can use Lottery funding to make a real difference to individuals in our communities. Without the Lottery funding this project would never have seen daylight. Structures and staffing are key to coordinate these projects effectively and without Lottery funding we would not have been able to do this. Lastly, but certainly not least, it shows us the value of working with partners and other agencies.

Gwynedd can be a challenging county in which to provide services, not least because of its vast geography and hard to reach pockets of population. This project has shown us that organising our projects around the natural regions of Arfon, Dwyfor and Meirionnydd is the way to work most effectively. We have a full time Coordinator in each of these regions.

If you have an hour or two to spare each week and you are looking for a volunteering opportunity we would love to hear from you. Perhaps you could drop in on somebody once a week for a cuppa and a chat and, perhaps, in so doing, give them a new lease of life.

My utmost thanks to the High Sheriff for acknowledging this great project and special thanks to the volunteers, project partners, staff and of course the Big Lottery for ensuring this project is such a huge success.

Together in partnership we can really make a difference to others. Ffrindia is such a great example of this !

Until next time, Bethan

JOINING MANTELL



Originally from Anglesey but now living in Bontnewydd near Caernarfon, Hilary is our new full time Receptionist and Administrative Assistant. Before joining Mantell Gwynedd, Hilary previously worked for Carers Outreach Services as a Carer Support Officer.

Following a 20 year career in the private sector with Barclays Bank (Gwynedd and Ynys Môn's branches) Hilary moved on to work in the education sector and worked for Gwynedd Council Education Department initially at Friars School, Bangor and then moved to Anglesey and worked at Anglesey's Special School as a School's Support Officer for 10 years.

Hilary has two children and enjoys spending her spare time listening to music, going to the theatre and walking with her husband and their dog - and is proud to have achieved her goal of climbing the Summit of Snowdon prior to her milestone birthday last year!

Community Translation

Are you a community or charitable group?

Do Welsh speakers and non-Welsh speakers attend your meetings?

Would you like to give everyone the opportunity to speak in their language of choice?

Mentrau Iaith across North Wales have a new project which is part of the Welsh Government Rural Development Fund.

The intention is to offer a professional translating service, both written and simultaneous for a price within reach of community groups and third sector organisations.

If interested in the service and for more details contact: Glyn Jones or Eryll Tudur on **01492 642357**
www.cyfieithucymunedol.org



YOUR VOICE – OUR VISION

Big Lottery Fund has launched the 'Your Voice, Our Vision' online conversation open to anyone interested in having a say on how the £4billion of Lottery funding should be spent between 2015 and 2021.

From now until July 2014 the Fund is asking anyone with a stake in Lottery funding, including grant holders, the voluntary and community sector and the general public to take part in a UK wide conversation around the Big Lottery Fund's work.

Your views will help us consider our role as a funder and help share our vision and plans from 2015 to 2021. Most importantly it will help us deliver the things we passionately believe in :-

- Vibrant communities
- Addressing Disadvantage
- Addressing Disadvantage
- Stronger Sector

What do you think? Join the conversation online

Website

www.cronfaloterifawr.org.uk/eichbarn

Twitter :

[@biglyourvoice](https://twitter.com/biglyourvoice) [#yourvoice](https://twitter.com/yourvoice)

E-bost:

yourvoice@biglotteryfund.org.uk

In writing :

Freepost RRKC-ZJKL-BYTE
Your Voice Our Vision
Big Lottery Fund
1 Plough Place
London EC4A 1DE



ARIENNIR GAN Y LOTERI

CRONFA
LOTERI
FAWR
BIG
LOTTERY
FUND

INFO & ARTICLES FOR THE NEXT ISSUE OF MANTELL

The deadline for information or articles to be included in the next edition of Mantell is **20th June 2014**

Send or e-mail any information to **Ellen ap Dafydd**, at Mantell Dolgellau
e-mail: ellenapdafydd@mantellgwynedd.com Tel: **01341 422 575**

FFRINDIA' FAIR



Again this year, a promotional week will be held to celebrate the success of Ffrindia'. During the week 23rd – 28th June 2014 we will be out and about in Gwynedd holding promotional/information sessions. To conclude, there will be an information and funday at the Ganolfan, Porthmadog, on the 4th of July 2014 where a number of agencies and organisations will join the Ffrindia' team. For more information go to the Mantell Gwynedd website www.mantellgwynedd.com or phone Caernarfon 01286 672626 or Dolgellau 01341 422575. If you are interested in volunteering with Ffrindia', or would like information about the project call the telephone numbers above. Keep an eye open in your local press on where exactly we will be in your area, or pop in to see us at the Ganolfan in Porthmadog.

Avis and Rachel

In each issue of Mantell we try to include a story about some of our volunteers and individuals. For a year and a half Rachel Roberts from Dolgellau has been a befriender with Ffrindia' and after completing an induction course she befriended with Mrs Avis Cummings from Barmouth. Rachel makes the journey every week mainly to have a chat or go for a coffee. Prior to Rachel starting befriending with Avis, she had not walked around the town alone for sometime. Avis said 'We always have a laugh and are never stuck for something to talk about. We love sitting in a café, people watching, you get much more from it than you think at the beginning – we're a good match.'



Dolgellau and District Talking Newspaper for the Blind



Does a problem with sight mean you or someone you know can't read the local newspapers?

The Dolgellau and District Talking Newspaper for the Blind can help with a FREE service they provide! Tapes or CD's are sent out weekly to anyone who is registered blind or partially sighted.

For more details contact:

Gareth Roberts on 01341 422634
or Mark Wiles on 01341 250096
mjw@ludhamnorfolk.freemove.co.uk

South Gwynedd Long Term Health Condition Alliance

the next meeting will be held on Monday June 23rd 2014 at Mantell Gwynedd's Office Dolgellau at 10:00 am. For more information please contact Sioned at Mantell Gwynedd on 01286 672626 or sioned@mantellgwynedd.com

Macmillan new Library Information Service - "It's okay to talk about Cancer"

Drop in service for information and support at the following libraries:

Every Tuesday: Dolgellau Library - 10:00am---12:30pm; Barmouth Library 2:00-4:00pm

Every Friday: Porthmadog Library 10:00am-12:30pm; Blaenau Ffestiniog Library 2:00-4:00pm

For more information contact **Alaw Mon Thomas-Davies** on
AlawMonThomas-Davies@gwynedd.gov.uk
or 07876 448 447

SHORT TERM RESPITE FOR CARERS - NEW PILOT TO SUPPORT CARERS ACROSS NORTH WALES

The above project provides practical and emotional support to carers across North Wales.

If a carer is experiencing a short term health need, they will now be able to access up to a total of 12 weeks respite support (over a 12 month period) in their home to help them carry on with their caring role.

'Health needs' can be wide ranging and include:

- Common Cold/Flu/Viruses/Long-term conditions
- Stress/Anxiety
- Support to help carers after they've undergone an operation or to attend hospital appointments or clinical treatments

The service is available to carers of all ages including parent carers. Crossroads Care North Wales is registered to provide support (including personal care) to both adults and children. For further information please contact:

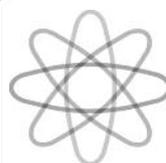
01492 516435 or
northwales@nwcrossroads.org.uk

Diverse Cymru – Promoting Equality for All

BME Mental Health and Social Care Advocacy

The project will work to identify people with mental health and social care advocacy needs from BME communities across Wales and support those people by offering advice, support, information and representation. Community Champions will be recruited and trained to act as volunteer advocates. If you would like further information please contact **Gwenlli Haf:**

gwen@diversecymru.org.uk or **029 2036 8888**



**diverse
cymru**

Promoting equality for all
Hyrwyddo cydraddoldeb i bawb

FUNDED BY
**COMIC
RELIEF**

Millennium Volunteers



Left to right: Erin Bryfdir Jones, Carwyn Owen, Eryri Assistant Development Officer and Erin Fflur Williams

Congratulations to all the young volunteers who have gained recognition for volunteering through the Millennium Volunteers Scheme.

CERTIFICATE FOR 50 HOURS OF VOLUNTEERING.

Heledd Mair Hamer – volunteering in Ysgol Llanrug and Ysgol Brynrefail.

Owain Llŷr Griffiths – Bangor Gymnastic Club – MV 50 Sports.

Siobhan Tindall – Noddfa.

Megan Owen – Royal Voluntary Service.

Ela Owen – Royal Voluntary Service and Urdd Gobaith Cymru.

Cerys Gadd – Royal Voluntary Service.

Erin Fflur Williams - Urdd Gobaith Cymru.

Erin Bryfdir Jones – Urdd Gobaith Cymru.

Gwenno Tomos – Urdd Gobaith Cymru.

Tanmayi Joishy – Royal Voluntary Service.

Myles Langston – Dysynni Hockey Club – MV 50 Sports.

AWARD OF EXCELLENCE FOR 200 HOURS OF VOLUNTEERING.

Sasha Owen – Ysgol Tryfan

Nathan Burns – Age Cymru, Bangor.

Rebecca Southam – achieved her 200 hours of volunteering, and received her 50 and 100 hour certificate for volunteering with the British Red Cross.

Fflur Harman achieved her 200 hours of volunteering, and received her 100 hour certificate for volunteering at the Independent Living Skills Unit in Glynllifon.

Eleri Elis-Williams – achieved her 200 hours of volunteering, and received her 50 hours and 100 hours certificate for volunteering with Pesda Roc, Pontio and The Gwynedd Archaeological Trust.

Daniel Joseph Stoddart, Callum Daniel Llywelyn Hughes, Tomos Williams and Cameron Scott Turner - Award of excellence for volunteering 200 hours with 1557 (Friars School) Squadron Air Training Corps.

GwirVol

Gwirvol Youth Led Grant 2014-15.

Grant Dan Arweiniad Pobl Ifanc 2014-15.

There is £4,000 grant available, aimed to support small projects that are organised and lead by young people (14-25) in Gwynedd.

For an application pack or for more information regarding the fund please contact **Gwenllian Dafydd** at **Mantell Gwynedd** on **01286 672626** or gwenllian@mantellgwynedd.com



GWIRFODDOLWYR Y MILENIWM



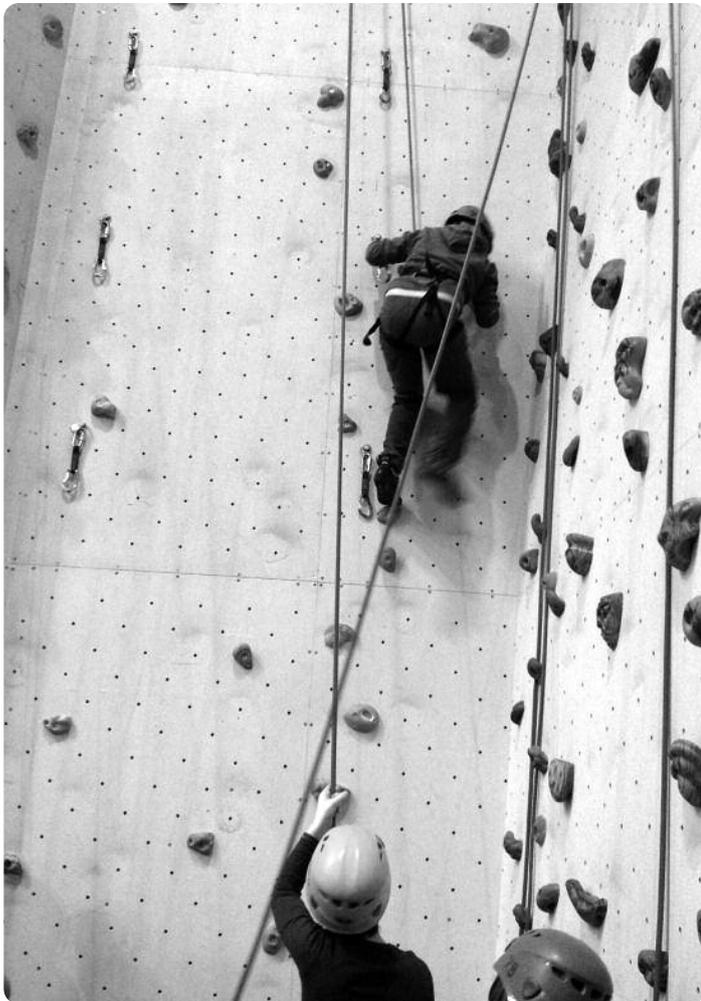
MILLENNIUM VOLUNTEERS



The need for the Project is still increasing with 21 new referrals since the beginning of the year, making a total of 63 since the start of the Project.

We have arranged a day's activities with Gwerin y Coed at the Gwaith Powdwr, Penrhyndeudraeth in May, so that the families can have a taste of activities such as outdoor games, den building, nature trails, bushcraft and pond dipping.

As part of improving parenting skills some families have been experimenting on the local climbing wall and the children and parent(s) have thoroughly enjoyed the experience.



Business Supporting Communities



Busnesau yn Cefnogi Cymunedau
Business Supporting Communities

Business Supporting Communities is about creating and maintaining sustainable links between voluntary organisations and local businesses, bringing a wealth of expertise and experience together to benefit local communities.

Employee Supported Volunteering

Would you like us to help you find local businesses who are willing to allow their staff time out to volunteer with local community groups. Types of ideas might include painting a village hall or improving ground outside your building. Do you have anything in your local community that would like a little bit of extra help?

Professionals Supporting Communities

If your group would like to benefit from support of a professional e.g. solicitor, accountant, surveyor, we will be looking at one off projects, master-classes and advise surgeries so please contact for further info.

For more details on B2C and how your community organisation can benefit from working together, visit www.b2cwales.co.uk, to contact **Edwyn Thomas**, B2C Project Officer at Mantell Gwynedd on **01286 672626** or edwyn@b2cwales.co.uk



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ARIENNIR GAN Y LOTERI
LOTTERY FUNDED

Volunteers' Week- Celebrating 30 years!



1st - 7th June 2013



**VOLUNTEERS' WEEK
WYTHNOS GWIRFODDOLWYR**

The aim of the week is to celebrate the contribution that volunteers and volunteering makes to our society. This year is special as the 'Volunteers' Week' will be celebrating 30 years.

As part of the celebrations this year, the Gwynedd Volunteer Centre has organised:

Celebration and Thank you Event

Diary marker : Our annual celebration and thank you event will take place on the 12th June, 2014 at 1.00 pm in the Galeri in Caernarfon. Keep an eye on our website for more information.

Photography Competition:

AN OPPORTUNITY FOR YOU TO WIN A HAMPER FOR YOUR ORGANISATION!

It's not too late to send in a photo portraying VOLUNTEERING in Gwynedd.

Closing Date – Friday, 23rd May 2014

Mobile Information Stall:

Raising awareness of volunteering and recruiting new people.

Plans to date include visits to:

- Tywyn –Co-op Supermarket, Monday, 2nd June
- Bermo- Co-op Supermarket, Tuesday 3rd June
- Coleg Meirion Dwyfor, Glynllifon – Tuesday, 3rd June
- Pwllheli –Asda Supermarket – DATE TO BE CONFIRMED

Anyone interested in joining in the volunteering celebrations ... please contact Gwynedd Volunteer Centre on **01286 672626 / 01341 422575** or volunteer@mantellgwynedd.com



Gwenllian Glyn Dafydd- Volunteering Officer

I am originally from Bethesda and still live there! I graduated from Cardiff University in 2011 with a degree in Social Philosophy, Applied Ethics and Politics. Since then I have worked as an events co-ordinator for Pontio and Pesda Roc. While working here I had the opportunity of working closely with volunteers and am aware of the difference volunteering can make to our lives. I spent some time doing youth work in Bethesda after graduating.

I enjoy travelling and have been to many countries in Europe. Last year I went to India, it was incredible! I have a house full of Indian ornaments and I love to cook curry. I volunteer a lot at gigs and festivals locally and am a big fan of Welsh music.

I am looking forward to working with Mantell Gwynedd. I have had a very warm welcome and hope I can contribute to the fantastic work they do.

Cymunedau Mentrus

Enterprising Communities



Meithrin Menter Gymdeithasol Leol

Growing Local Social Enterprise

Community Halls Forum

The fourth forum was held on the 19th March 2014 at the Ganolfan, Porthmadog. We had a very successful evening with representatives from nine different village halls within Gwynedd. Bethan Jones Parry was the main speaker of the evening, giving us a taste of how we can market our halls successfully and effectively in an affordable way. It was recognised that there is a need for village halls to diversify in order to secure additional income to sustain the halls, and we had an excellent example with some now hosting wedding receptions. Here's a great example of Enterprising Communities!

Deian ap Rhisiart followed to discuss marketing by making use of Social Media to reach a wider audience. The forum is an opportunity to bring the county halls and centres together to share ideas and best practice, and therefore it was very relevant that Ben Gregory closed the evening with a presentation on how Nantlle has come together to help make a saving on the energy bills. The next forum meeting will be held in September 2014 - information to follow.



TIME FLIES

We've now entered the last year of the Enterprising Communities Project, and time is quickly diminishing to take advantage of the support available.

The last quarter was extremely busy, with numerous events and workshops for example Social Media workshop by Deian ap Rhisiart, Cyfathrebu Mwndo, Equality and Diversity workshop run by the Wales Cooperative Centre, and a Grants – Fit for Funding workshop. Again the response was positive, with organisations clearer about what is expected to make a successful grant application.

It is expected that every organisation should have an Equality and Environmental policy in place, and the Development Officer is available to help you adopt a policy. It has been a very busy period, travelling around the county to assist organisations with governance, legal structures, business plans, grants and much more. Remember to contact if you could benefit from any support from this project.

Further news, articles and information can be found on our website!



Mantell is published by Mantell Gwynedd. The opinions expressed in Mantell are not necessarily those of Mantell Gwynedd.

We reserve the right to edit before publication.

Flexible Support Fund

Can you help us to help our customers? JobCentre Plus in North and Mid Wales is committed to maximising Flexible Support Grant Funding(FSF) to fund local partnership activity to support our priority customer groups. Are you working with:

- Young People aged 18-24
- Claimants on Employment Support allowance
- Claimants on Income Support
- Unemployed people of all ages who have been out of work for 13 weeks or more.

We are looking for innovative bids from our partner organisations who can help us support this agenda, this could include:

- To move people closer to the labour market or into work
- Removal of barriers inhibiting engagement in Employment, eg Financial Management, Drug/Alcohol dependency, Confidence building, motivation etc.
- Job Search Techniques, eg CV, Interview Techniques.
- Qualifications obtained.

If you would like to discuss this further, will you please contact your Local Partnership Manager:

Gwynedd: **Edel Hughes**

Tel: **07789500432**

email: edel.hughes@dwp.gsi.gov.uk

COMMUNITY INVESTMENT FUND



CARTREFI CYMUNEDOL GWYNEDD

The Community Investment Fund aims to strengthen and develop groups and enterprises within the third sector. The purpose is to enable the third sector to play a full role in the Gwynedd communities.

Groups or enterprises can apply for a capital and/or revenue grant up to a maximum of £10,000.

The closing dates for 2014-15 are as follows :-

30.06.14

30.09.14

05.01.15 (subject to funds available)

For more information or to discuss a project idea please contact Mantell Gwynedd on 01286 672 626 or delyth@mantellgwynedd.com or visit www.mantellgwynedd.com

You can also apply for up to £1,000.00 directly to Dylan Thomas, Cartrefi Cymunedol Gwynedd.

For more information please contact **Elin** on dylan.thomas@ccgwynedd.org.uk or **0300 123 8084**.

THE ALLEN LANE FOUNDATION



The Foundation wishes to fund work which will make a lasting difference to people's lives rather than simply alleviating the symptoms or current problems, as well as projects that are aimed at reducing isolation, stigma and

discrimination and that encourage or enable unpopular groups to share in the life of the whole community.

Grants may be used for start-up costs, core or project costs and range from £500 to £15,000.

The Foundation makes grants to organisations who supports :-

- Refugees and asylum-seekers

- Black and ethnic minority communities
- Lesbian, gay and bi-sexual groups
- those experiencing mental health problems, violence or abuse
- Offenders and ex-offenders
- Travellers; and
- Older people

Contact: Allen Lane Foundation, 90 The Mount, York, YO24 1AR. Tel: 01904 613 223, email info@allenlane.org.uk, www.allenlane.org.uk

Making the Connections

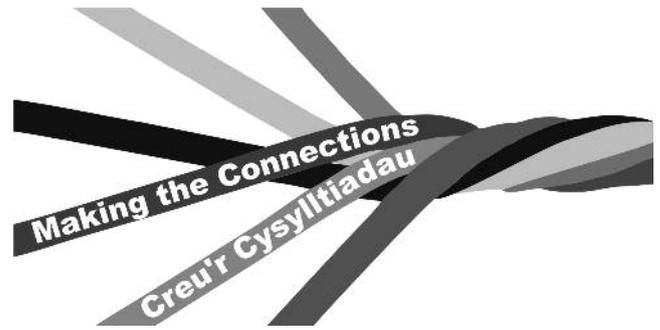


On the 20th of February 2014, the Gwynedd “Making Connections Officer” joined forces with the Conwy and Denbighshire Officers and

the Police & Crime Commissioner North Wales Office to host a Police and Crime Commissioner and Third Sector Engagement Event at the Oriol House Hotel, St Asaph.

Attendees were given the opportunity to network and browse stalls before being welcomed by Wendy Jones, Chief Officer of Conwy Voluntary Service Council. Mr Winston Roddick CB QC, North Wales Police and Crime Commissioner gave an opening address, followed by a review of Police and Crime Plan 2013/14 as well as an introduction to the Plan for 2014/15.

The Commissioner also introduced the draft of the North Wales Police and Crime Commissioner and Third Sector Compact, which is a proposed Partnership Agreement between the North Wales Police, the Police and Crime Commissioner and the Third Sector in North Wales. It aims to provide a framework to improve engagement, the development of shared aims and objectives, and mutual respect and understanding between all sectors.



A question and answer sessions and workshops followed with the 80 attendees from varied third sector organisations participating by providing an honest and constructive feedback. To see both the plan and the compact, please visit www.northwales-pcc.gov.uk

The North Wales Police and Crime Commissioner is looking to improve engagement with local third sector organisations. Throughout 2014, he will be visiting groups whose services have an impact on crime and community safety.

It will help the Commissioner to understand community needs and assist in developing future policing priorities. Seeing services delivered at the frontline gives an insight into the issues faced by communities.

If your organisation would like a visit, please go to www.northwales-pcc.gov.uk and complete the application form.

Training and Events



This year the Urdd National Eisteddfod is coming to Meirionnydd. Mantell Gwynedd will be there with the Mobile Unit along with a tent full of information stalls by the



following organisations: Barnardos / Caban Bach, Serenfach Nursery, Cartref Bontewydd, Action for Children, NYAS, Red Cross, South Gwynedd Domestic Abuse Service, Welsh Place-Name Society, North Wales Voluntary Centres, Mantell Gwynedd Ffrindia’ and ‘Teulu Ni’ projects. There will be a variety of activities going on throughout the week which includes a puppet show, face painting, craft activities, quiz a performance by Gwibdaith Hen Frân and much more.

Come along to see us and say hello!

MANTELL'S MOBILE UNIT

Come and visit a CAB Officer at the Mobile Unit:

Date	Location	Times
13-05-14	Bala (Plassey car park)	10.30 until 12.30
13-05-14	Penygroes (outside Police Station)	2.00 until 3.00
14-05-14	Deiniolen (Tŷ Elidir or Vaynol Estate)	9.30 until 11.00
14-05-14	Llanberis (outside the Centre)	11.30 until 1.30
20-05-14	Tywyn (outside town Library)	10.30 until 12.30
20-05-14	Fairbourne(maes parcio tafarn Springfield)	1.30 until 2.30
21-05-14	Porthmadog (railway station car park)	10.30 until 12.30
21-05-14	Nefyn (outside Spar)	2.00 until 3.00
03-06-14	Barmouth (Black Patch car park)	1.30 until 2.30

The Mobile Unit will visit these venues every fortnight except for Fairbourne and Barmouth when the Mobile Unit will only visit once every month.

REMEMBER, YOU CAN HIRE THE MANTELL GWYNEDD MOBILE UNIT FOR A VERY REASONABLE PRICE ...



Cost of hiring the unit ...

Mantell Gwynedd Members:

£130 per day (50% for each consecutive day thereafter).

Non Members:

£150 per day (50% for each consecutive day thereafter).

You are welcome to contact us to discuss special rates, e.g. hiring the Vehicle on a regular basis for a period of time (we could come to a very reasonable arrangement).

E-mail: enquiries@mantellgwynedd.com

or phone: **01286 672 626** or visit our website: www.mantellgwynedd.com

COME AND JOIN US ...

at the Meironeth County Agricultural Show on the 27th of August in Bala.



A warm welcome is extended to all third sector organisations to join the Mantell Gwynedd stand at the Meironeth County Agriculture Show. In the past, Mantell's stall has been a hive of activity, therefore don't miss this opportunity! We can assure you of a busy day, allowing you the chance to share information with the public, and to network with other organisations.

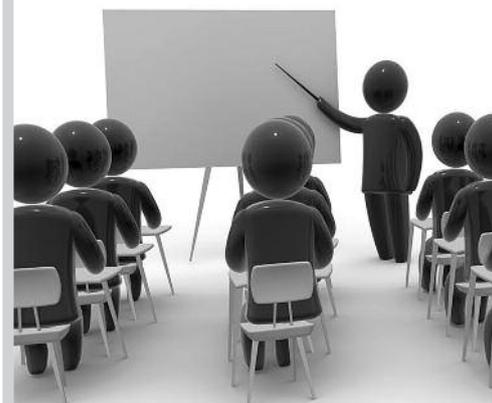
Phone **Ann** or **Ellen** on **01341 422575** – to secure your place.

MANTELL GWYNEDD TRAINING

To discuss the training needs of your organisation contact **Delyth Vaughan** on **01286 672626** or delyth@mantellgwynedd.com

Or for more information about training, please contact

Ellen ap Dafydd
01341 422575
ellen@mantellgwynedd.com



TRAINING CALENDAR / WCVA EVENTS



11 June 2014	Lean and Quality Assurance	Cartrefi Cymru, Bangor
18 June 2014	Public Engagement: Theory and practice (accredited)	WCVA, Rhyl
24 June 2014	Writing effective questions	Galeri, Caernarfon
24 June 2014	Data protection and confidentiality	WCVA, Rhyl
26 June 2014	Project management basics for EU funded projects	WCVA, Rhyl

To book a place go to www.wcva.org.uk or to get more information, phone **0800 2888329** or e-mail help@wcva.org.uk.