

# Mantell

NEWSLETTER FOR VOLUNTARY ORGANISATIONS IN GWYNEDD

No 59 • December 2012

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The project was launched at Portmeirion on 15th of November by Keith Towler, the Children's Commissioner for Wales. Many of those present represented agencies from the Third Sector, Health, Cyngor Gwynedd and the Lottery. Presentations were given by the Parent Group Cartref Bontnewydd; the Green Doctor; Groundwork North Wales and the Parent Group at Caban Bach, who also designed the logo.

For more on this story, see page 10.



**ESF**  
Llywodraeth Cymru  
Welsh Government

**Ewrop & Chymru: Buddsoddi yn eich dyfodol**  
Cronfa Gymdeithasol Ewrop

**Europe & Wales: Investing in your future**  
European Social Fund

**ERDF**  
Llywodraeth Cymru  
Welsh Government

**Ewrop & Chymru: Buddsoddi yn eich dyfodol**  
Cronfa Datblygu Rhanbarthol Ewrop

**Europe & Wales: Investing in your future**  
European Regional Development Fund



**ARIENNIR GAN Y LOTERI  
LOTTERY FUNDED**

## MANTELL GWYNEDD STAFF

### Chief Officer:

Bethan Russell Williams

### DEVELOPMENT & SERVICES TEAM

#### Senior Development & Services Officer:

Delyth Vaughan

#### Social Enterprise Development Officer:

#### Children & Young People Facilitator:

Carwyn Humphreys

### TEULU NI PROJECT

#### Teulu Ni Project Officer:

Mair Richards

### BUSINESS SUPPORTING COMMUNITIES PROJECT

#### Business Supporting Communities Officer:

Emily Williamson

#### Business Supporting Communities Administration Officer:

Rosie Seymour

### HEALTH TEAM

#### Health & Social Care Facilitator:

Sioned Llwyd Larsen

#### Ffrindia' Project Manager:

Carys Williams

#### Arfon Volunteer Co-ordinator:

Nia Haf Jones

#### Dwyfor Volunteer Co-ordinator:

Dawn Thomas

#### Meirionnydd Volunteer Co-ordinator:

Gwenlli Haf Evans

### FINANCE & ADMINISTRATION TEAM

#### Deputy Chief Officer & Head of Finance & Operations Team:

Ceren Williams

#### Administration Officer:

Bronwen Rowlands

#### Finance Assistant:

Tracy Williams

#### Administration Assistant:

Tracy Lynne Rotheram

#### Administration Assistant:

Ellen ap Dafydd

#### Receptionist:

Tayera Khan

### VOLUNTEER CENTRE TEAM

#### Volunteer Co-ordinator:

Rhianon Jones

#### Volunteer Officer:

Ann Angharad Fleming

#### Volunteer Officer:

Iola Till

#### Youth Volunteering Officer & Big Lottery Project Officer:

Mirain Roberts

## A note from the Chief Officer

I'm going to dedicate my column in this newsletter to the phenomenal Gamesmakers whom we heard so much about over the summer and who were a critical component in ensuring that both the Olympic and Paralympic Games 2012 were a success.

Those of you who know me well will know that I am no fan of these games and objected to what I considered to be almost immoral spending on one event. Those who know me will also know that my husband John Gwyn was one of the celebrated Gamesmakers who spent weeks in London over the summer wearing the now famous purple uniform.

John has been a very keen volunteer all of his adult life. He was one of the founding members of the Llanberis Mountain Rescue Team, a volunteer with Gwynedd Guide Dogs and occasionally a volunteer driver for our Mobile Unit at Mantell Gwynedd! But this year he also volunteered to become one of the Gamesmakers in the 2012 Paralympic Games. The journey which led to wearing the purple uniform started way back in June 2011 with a formal interview in Cardiff. It was at the end of the year he was informed he had qualified to become a Team Leader for the U.S.A. Paralympic Team. He made a conscientious decision to volunteer with the paralympians despite being offered a place with the able bodied Olympic Team. Between January and September 2012 he made monthly trips to London for training and accreditation. All of this was at his own personal expense.

Over 80,000 volunteers took part in the 2012 Games. During the closing ceremonies of both the Olympic and Paralympic Games reference was made time and time again to the

Gamesmakers. Sebastian Coe said that the Gamemakers were indeed the true heroes of the Games. It became apparent that the 2012 Games would not have been such a phenomenal success without the efforts of the Gamesmakers.

But what legacy will remain after the Games? How many of the 80,000 volunteer Gamesmakers will continue to volunteer? Research is now beginning to emerge and it appears that a large percentage of Gamesmakers were already volunteers in some other capacity. One way of ensuring individuals return to volunteering is to make them feel special and integral to success. The 2012 Games certainly did this. But a basic principle of volunteering is that individuals should not be out of pocket and it is true to say that every single Gamesmaker was out of pocket financially. But emotionally and in every other way the Gamesmakers were undoubtedly enriched. According to all the organisers, athletes and everybody else involved with the Games it was the volunteers who made the event what it was.

John has already put his name down for the 2014 Commonwealth Games and there is much talk in our house of going to Rio in 2016 ... we'll see! In the meantime if you'd like a glimpse of the famous purple uniform it can be seen in the display window at the Mantell Gwynedd offices in Caernarfon. Drop by and have a look!

Until next time!

**Bethan**



### INFO & ARTICLES FOR THE NEXT ISSUE OF MANTELL

The deadline for information or articles to be included in the next edition of Mantell is

**1st February 2013**

Send or e-mail any information to **Ellen ap Dafydd** at Mantell Gwynedd, Dolgellau.  
[ellenapdafydd@mantellgwynedd.com](mailto:ellenapdafydd@mantellgwynedd.com)

Tel: **01341 422 575**

## WELSH GOVERNMENT REGENERATION POLICY CONSULTATION

Welsh Government has launched a consultation document "Vibrant and Viable Places" and the consultation is running until 14th January 2013.

The three key messages are:

- Strengthened governance is needed to improve delivery, with an opportunity to drive regional collaboration in a more structured way, including effective spatial planning for regeneration.
- Partnership is critical, with sustainable regeneration only able to be delivered through 'genuine engagement with communities, local authorities and other public sector organisations, the third sector and the private sector'.
- The Regeneration Areas approach is transforming some of our most disadvantaged places, but there are still opportunities to improve the way Welsh Government and its partners invest at local level. Vibrant and Viable Places documents makes strong connections to the Welsh Government's Tackling Poverty Action Plan and links to aligning regeneration goals with European Programmes 2014 - 2020.

For more information or to download a copy of the document please go to <http://wales.gov.uk/consultations/businessandconomy/vvp/?skip=1&lang=en>

## Greater openness and flexibility needed in public services commissioning

NCVO and partner organisations have published *Open Public Services: experiences from the voluntary sector*. The report highlights examples of innovation in practice, where the voluntary sector has worked in new ways with statutory authorities to develop specialist services. It also argues that there needs to be greater openness and flexibility in commissioning services to capitalise on the contribution from charities. New opportunities from social investment and open data could also ease contract risks and make services more accountable to their users.

More details and download link at <http://preview.tinyurl.com/ckduqyg>

## Business Rates Wales review recommendations will 'hammer' charities

The sector has voiced concerns to the Welsh Government about the impact that recommendations within the Business Rates Wales review may have. Of particular concern was the recommendation which advises that the Welsh Government consider reducing the business rate relief to charity shops to 50%. Other recommendations to cause concern are the suggestions that charity shops should be limited to one per high street and that eligibility criteria for relief should be restricted.

Please note that the Welsh Government is consulting with the sector and a meeting between the sector and the Minister, Edwina Hart, will take place to discuss the impact this would have.

For more information or to download a copy of the review please visit Welsh Government website [www.wales.gov.uk](http://www.wales.gov.uk)

## START FOR CHARITABLE INCORPORATED ORGANISATIONS

After much delay in the process, the Charity Commission (England and Wales) hopes to start registering Charitable Incorporated Organisations from January 2013.

For more details on Civil Society Media go to

<http://www.civilsociety.co.uk/finance/news/content/13562/>

## Community Translation

**Are you a community or charitable group?**

**Do Welsh speakers and non-Welsh speakers attend your meetings?**

**Would you like to give everyone the opportunity to speak in their language of choice?**

Mentrau Iaith across North Wales have a new project which is part of the Welsh Government Rural Development Fund and the European Union. The intention is to offer a professional translating service, both written and simultaneous for a price within reach of community groups and third sector organisations. The scheme will run until December 2013.

If interested in the service and for more details contact:

Glyn Jones neu Eysyllt Tudur

01492 642357

[www.cyfieithucymunedol.org](http://www.cyfieithucymunedol.org)



## Trading Fair

Mantell Gwynedd's AGM and our second Third Sector Trading Fair took place on the 14th of November 2012 at Portmeirion. Again, this was an excellent opportunity for Social Enterprises to showcase and sell their goods. It also gave members of the public to come along and do some Christmas shopping.

Robin Llewelyn, Managing Director, Portmeirion officially opened the trading fair and was our guest speaker at the AGM. Both events were very successful.

A workshop on sustainability was held during the morning and a question and answer session with Menna Jones, Antur Waunfawr and Linda Jones, Seren Ffestiniog Cyf during the afternoon.

Thanks to all the enterprises who came along to showcase and sell their goods, and to the public for supporting the event.



**Cymunedau Mentrus**



**Meithrin Menter Gymdeithasol Leol**

**Enterprising Communities**



**Growing Local Social Enterprise**



## Y Felin Gylchu

The 30th of August 2012 saw the opening of Felin Gylchu for the first time, the aim of the project is to recycle clothes, toys and general goods and raise money for local charities.

Over many weeks, committee members and local residents had been collecting and sorting out the goods ready for the grand opening. The group received a grant from Cartrefi Cymunedol Gwynedd which enabled them to do a few modifications and decorating work to some of the rooms at the Church Hall and transforming the area into a charity shop.

Rhiannon Jones, Chair of the Felin Gylchu Committee said that the opening had been a great success and residents of Felinheli and people from further afield had shown support to the initiative.

The profit made by Felin Gylchu will be shared annually between local charities and the Llanfairisgaer Church



Restoration Fund. Felin Gylchu also supports Antur Waunfawr by donating clothes regularly to their recycling scheme.

The shop is open on Thursday and Friday from 10 a.m. to 6 p.m. and on Saturdays from 10 a.m. till 4 p.m., please call in for a cuppa and do some shopping, a warm welcome and a bargain awaits you.

## Volunteering Fair & Coffee Morning in Pwllheli

As a member of the Llŷn Landscape Partnership, the Gwynedd Volunteer Centre organised a Volunteering Fair and Coffee Morning in Penlan Chapel Vestry in Pwllheli on the 10th of October. The aim of the event was to raise awareness and to share information about local volunteering opportunities. Members of Penlan Chapel kindly agreed to provide tea/coffee during the day, and donations were accepted towards CYMROD – their chosen local charity. Councillor Reverend Ioan Gruffydd – the Mayor of Pwllheli officially ‘opened’ the Fair.



There was an excellent response from organisations with 24 information tables set up in the Vestry on the day. It was a brilliant event for members of the public to find out more about the range of volunteering opportunities available in the area.

Many thanks to everyone who supported the event!



## Make a Difference Day

Were you aware that the last Saturday in October is known as ‘Make a Difference Day’? It began way back in 1995, and has since gone from strength to strength. The aim is to highlight the amazing impact volunteers can make just by giving the simple gifts of time, skills or energy!

To mark the event, the Gwynedd Volunteer Centre rented a shop at the Deiniol Shopping Centre in Bangor over the half-term week. Organisations were invited to join us, bring promotional material to the shop and recruit new volunteers. The shop was busy throughout the week, and a good number of volunteering enquiries were received.

Thank you to all who contributed to the week’s success.

### FREE TRAINING SESSIONS FOR VOLUNTEERS

There was a good response to the three training sessions offered to volunteers in November. There will be more free training sessions for volunteers after Christmas.

Please contact the

**Gwynedd Volunteer Centre (01286 672626)** if you have any suggested topics for future training.

### CHANGES IN CHECKING CRIMINAL RECORDS (CRB)

A date for your diary ... Emma Leighton-Jones from the Criminal Record Unit of the WCVA will be giving a presentation in **Caernarfon** on Wednesday morning, **30th January 2013!**

## Millennium Volunteers – Achievements

Well done to all the young volunteers who have gained recognition for volunteering through the Millennium Volunteers Scheme.

### Certificate for 50 hours of volunteering:

Miriam Jones, Robin Owen, Gweni Llwyd, Alaw Williams, Shoned Wyn Jones, Aled Roberts, Rhodri Foxhall, Dana Williams.

### Certificate for 100 hours of volunteering:

Elen Wyn Roberts, Katie Lewis, Eirian Williams, Dafydd Griffith, Rebecca Jones, Sasha Owen, Glesni Jordan, Sara Jones, Kerry Lock.

### Award of Excellence for 200 hours of volunteering:

Meinir Owen, Gwenllian Glyn Dafydd, Sera Mererid Roberts, Glesni Guest-Rowlands.



Young volunteers attending the Emergency First Aid Training

## Gwynedd Youth Led Grant: GWIRVOL

So far, three applications has been successful.

The main aim of the grant is to support small projects that are organised and led by young people (14-25) in Gwynedd, and applications are invited for the remaining round:

### • 4th round – 31st January 2013

For an application pack or for more information regarding the fund contact Mirain Roberts at Mantell Gwynedd on **01286 672626** or [mirain@mantellgwynedd.com](mailto:mirain@mantellgwynedd.com)



## Training

We would like to extend an invitation to members of the Children & Young People Network or a representative from your organisation to attend the Youth Mental Health First Aid training delivered by MIND Cymru.

This is yet another opportunity for more members to take advantage of this fantastic training course!

To reserve your place or for further information, please contact Carwyn on **01286 672 626** or [Carwyn@mantellgwynedd.com](mailto:Carwyn@mantellgwynedd.com)

### Two day course:

**Thursday 31st January & Friday 1st February 2013, 9am - 4pm, Tremadog.**

Cost, includes refreshments and lunch for both days plus a copy of the handbook: Member: £20; Non-Member: £25.



For better mental health

## A successful Good Health event again!

Congratulations, once again, to everybody involved in ensuring the success of this Event held in Dolgellau on the 19th of October 2012.

More than 50 organisations and agencies were present at the event offering advice and information and approximately 300 people attended the event on the day!

Thank you all.

## New project at Tan y Maen, Blaenau Ffestiniog

A new and exciting project has just started at Tan y Maen Mental Health Resource Centre in Blaenau Ffestiniog. The work is based around new project areas – The Wellbeing Project, the Crisis Support Project, the Library Project, the Volunteering Project, and the Fund Raising Project.

The Library opened on 1st November and has books, for lending over four weeks, and there are two computers for members' use. The Volunteering Project is aiming to bring in new volunteers from all age groups and all backgrounds. The volunteers will be giving general support and facilitating activities as well as fund raising. Previous Mental Health experience is not required as full training and support for volunteers will be provided together with an Induction Course and on-going skill development.

Further information can be obtained by telephoning Tracey or Jane on **01766 830203**.



## Free Health and Well Being Courses (EPP)

EPP Cymru is running a free 6 week course to help support people manage their own health conditions. Individuals can learn useful skills to help manage pain and other symptoms, deal with stress, depression and low self-image, develop coping skills and learn ways to relax.

For more information about the course or to book a place, please phone **01286 674236** or e-mail [EPPCymru.BCUHB@wales.nhs.uk](mailto:EPPCymru.BCUHB@wales.nhs.uk)

**Porthmadog Course Venue:** Boardroom, Alltwen Hospital, Tremadog, LL49 0AQ. Time: Thursday 10:30 – 13:00. Dates: 10/01/13; 17/01/13; 24/01/13; 31/01/13; 07/02/13 and 14/02/13.

**Botwnnog Course Venue:** Library, Meddygfa Rhydbach, Botwnnog, LL53 8RE. Time: Monday 10:30 – 13:00. Dates: 18/02/13; 25/02/13; 04/03/12; 11/03/13; 18/03/13 and 25/03/13.

## NEST – free support to help reduce energy bills!

Nest is a Welsh Government scheme aimed at helping reduce the number of households in fuel poverty, offering a range of advice and support for everyone via a **Freephone number 0808 808 2244**.

Nest can also provide the householders living in the hardest to heat properties with a package of no cost home improvements to help make their home warmer. For people who own or privately rent their home, and they (or someone they live with) receive a means tested benefit.

For more information contact Toni on **07538 375 994** or email [toni.langley@est.org.uk](mailto:toni.langley@est.org.uk)

## Ffrindia'

Ffrindia' is funded through the AdvantAGE, Big Lottery Fund and on the 20th July 2012 at Portmeirion in the presence of the project volunteers we had an official launch. A presentation and background about the project was given by Bethan Russell Williams, Chief Officer Mantell Gwynedd and an address about the importance of befriending schemes by Derek Preston Hughes from the Big Lottery Fund. We were especially pleased to welcome to the launch Sarah Rochira, Older People Commissioner for Wales who presented her vision for the next four years.

Thank you to all those who attended on the day.

**From the left:**  
**Sarah Rochira**  
 (Wales Older People Commissioner),  
**Derek Preston Hughes**  
 (Big Lottery Fund),  
**Bethan Russell Williams**  
 (Mantell Gwynedd Chief Officer),  
**Carys Williams (Ffrindia' Manager),**  
**Councillor Selwyn Griffith**  
 (Gwynedd Council Chair).



Ffrindia' began nearly a year ago and is already making a difference. Below is a photo of Pat Jones from Caernarfon who has befriended with Dorothy Williams from Llandwrog. Dolly, as she is known, had not been to Caernarfon for a long time, but through the support of Pat she was able to visit Age Cymru and meet up with friends she had not seen for a long time.



Maira Griffith and Megan Griffith (*below right*) have been best friends for nearly 40 years, both of them living in Edern.

At a coffee morning at the Age Well Centre, Nefyn, Dawn Thomas, Dwyfor Co-ordinator for Ffrindia' had a talk with them. They both realised that this was a scheme which could change the lives of individuals and they could be part of this. They have already attended training and recommend volunteering to anyone.



## 'Making the Connections' Project

'Making the Connections' is an initiative funded by the European Social Fund and Welsh Government running in Convergence areas of West Wales and the Valleys.

The Making the Connections agenda encourages better collaboration across all sectors in Wales in order to provide more effective services for its citizens.

The Development Officer\* will be working closely with the Local Service Board Support Teams (local authority staff), other staff in the CVCs and local Third Sector organisations to ensure more effective third sector input into Local Service Board priorities\*\*.

The aims for the 'Making the Connections' initiative cover a number of different strands of work:

- Improve understanding and knowledge of the role of partners (public, private and Third Sector) and the collaborative working between them;
- Support new partnership arrangements for delivery of services, involving partners from the public, private and the Third Sectors;
- Increase the capacity, effectiveness and sustainability of the Third Sector to enable it to take a more active part in the design and delivery of public services;
- Develop better systems and structures to ensure that the 'Citizen Voice' is at the heart of public service design and delivery.

\*\*Gwynedd Local Service Board Priorities:  
The Community Strategy 2011 – Gwella Gwynedd Gyda'n Gilydd  
[www.gwyneddarycyd.org.uk](http://www.gwyneddarycyd.org.uk)

\*Carol Evans – Making the Connections Development Officer  
[carol@mantellgwynedd.com](mailto:carol@mantellgwynedd.com)

## BBC Business Doctor launches Business Supporting Communities (B2C)

Business Supporting Communities is about creating and maintaining sustainable links between voluntary organisations and local businesses, bringing a wealth of expertise and experience together to benefit local communities. The six County Voluntary Councils in North Wales is part of this project.

On the 25th of October 2012 at Venue Cymru Llandudno, more than 90 guests attended the launch of B2C. The guests present heard from a number of business people whose companies have already benefited from employer supported volunteering programmes as well as from keynote speaker, BBC Business Doctor, Paul Thomas.

There were also networking opportunities and seminars on subjects including collaborative working and the benefits of sharing skills.

For more details on B2C and how your community organisation can benefit from working together, visit [www.b2cwaales.co.uk](http://www.b2cwaales.co.uk) to contact Emily Williamson [emily@b2cwaales.co.uk](mailto:emily@b2cwaales.co.uk) or 07912 062 877 or Rosie Seymour at Medrwn Môn 01248 724 944.



Busnesau yn Cefnogi Cymunedau  
Business Supporting Communities



## ... from the cover

The three Family Buddies have now started working for the project. Dawn Jones will be working with families in Arfon, Llinos Owen Jones in Dwyfor and Iona Williams in Meirionnydd.

Teulu Ni is part of the Big Lottery's Fund Improving Futures £26million programme and is about innovation and finding successful, cost effective ways of helping those families, so that their problems don't escalate into crisis. The thorough evaluation accompanying this work will help ensure that what is learnt benefits children and their families well beyond the projects themselves.

Mantell Gwynedd's Chief Officer, Bethan Russell Williams, said that ...

**“the Family Buddies will be working directly with the families and that the project will have a budget (Family Support Fund) to support activities from a network of services provided by the Partners who are part of the Project. She explained, this will add significant value to statutory services. It encourages close working between agencies and this, in turn, promotes the principle of a seamless service which is well co-ordinated.”**

During the launch, Keith Towler stated ... **“First of all I would like to congratulate everyone that has been involved in developing Teulu Ni. Ensuring that vulnerable families are given the help they need in a supportive and co-ordinated way is absolutely vital if we're to ensure every child has the opportunity to lead safe and happy lives. It was great to have the opportunity to be there at the beginning of this exciting new project and I wish everyone involved the very best of luck.”**



*The logo was designed by the Parent Group at Barnardo's, Caban Bach.*



## Community Investment Fund

The Community Investment Fund aims to strengthen and develop groups and enterprises within the third sector. The purpose is to enable the third sector to play a full role in the Gwynedd communities. Groups or enterprises can apply for a capital and/or revenue grant up to a maximum of £10,000.

Groups or enterprises can submit applications to the next round (subject to funds available) by **5.00 pm on the 4th of January, 2013**.

The closing dates for 2013-14 are as follows:

28th March 2013

28th June 2013

27th September 2013

3rd January 2014

For more information or to discuss a project idea please contact Mantell Gwynedd on 01286 672 626 or [delyth@mantellgwynedd.com](mailto:delyth@mantellgwynedd.com) or visit [www.mantellgwynedd.com](http://www.mantellgwynedd.com)



You can also apply for up to £1,000 directly to Elin Morris, Cartrefi Cymunedol Gwynedd.

For more information please contact Elin on [elin.morris@ccgwynedd.org.uk](mailto:elin.morris@ccgwynedd.org.uk) or **0300 123 8084**.

**Further news,  
articles and  
information  
can be found on our  
website!**

**Mantell** is published by Mantell Gwynedd. The opinions expressed in Mantell are not necessarily those of Mantell Gwynedd.

We reserve the right to edit before publication.

## New Community Events Fund in Gwynedd

The Gwynedd Community Events Fund is worth £4,500 and forms part of Gwynedd Council's Three Year Project – "This is Where it Happens". The grants will be allocated to promote and market community events effectively. There is up to £500 on offer for each application.

The application pack is available by contacting Cist Gwynedd Senior Officer on **01286 679153** or e-mail [heatherwilliams@gwynedd.gov.uk](mailto:heatherwilliams@gwynedd.gov.uk)

## Santander UK Foundation Ltd



The Santander Foundation now has two grants programmes to help disadvantaged people in the UK: Santander Community

Plus and the Central Grants Programme. Santander Community Plus provides grants of up to £5,000. The Central Grants Programme grants up to £10,000. The scheme is open to small local UK charities or local projects of national charities with funding available to cover salaries, equipment or materials.

For more information please visit [www.santanderfoundation.org.uk](http://www.santanderfoundation.org.uk)

## The Waterloo Foundation

Although the funding priorities for The Waterloo Foundation are the Environment and World Development, the original founders of the Foundation live and work in Wales.

To support your local community, funding has been allocated for three important issues: *Caring Wales, Working Wales* and *Reducing Reoffending in Wales*.

thewaterloofoundation\*

For more information visit [www.waterloofoundation.org.uk](http://www.waterloofoundation.org.uk) or phone **02920 838980**

## GWYNEDD COMMUNITY HALLS FORUM

**Wednesday night, 20th March 2013** – Location to be confirmed

For more information or to register to attend please contact:  
Delyth (01286 672626) or Ellen (01341 422575)

## MANTELL TRAINING

Title	Date	Location
Health and Safety	14-1-2013	Mantell Gwynedd Office, Caernarfon
Employment Law	16-1-2013	Neuadd Goffa, Penrhyndeudraeth
Environmental Management Systems	23-1-2013	Neuadd Goffa, Penrhyndeudraeth
Environmental Management Systems	25-1-2013	Neuadd Goffa, Penrhyndeudraeth
Environmental Management Systems	28-1-2013	Neuadd Goffa, Penrhyndeudraeth
Environmental Management Systems	30-1-2013	Mantell Gwynedd Office, Caernarfon
Employment Law	12-2-2013	St. Mary's Church, Tremadog
Health and Safety	13-2-2013	St. Mary's Church, Tremadog
Health and Safety	12-3-2013	Mantell Gwynedd Office, Caernarfon
Employment Law	13-3-2013	Mantell Gwynedd Office, Caernarfon

The above workshops are being run by  
Green Dragon, North Wales Groundworks and Peninsula.

To register or for further information go to our website [www.mantellgwynedd.com](http://www.mantellgwynedd.com)

## TRAINING

If you would like to discuss the training needs of your organisation contact  
**Delyth Vaughan** on 01286 672626,  
[delyth@mantellgwynedd.com](mailto:delyth@mantellgwynedd.com)

Or to find out more about the training offered, contact

**Ellen ap Dafydd** on 01341 422575  
[ellen@mantellgwynedd.com](mailto:ellen@mantellgwynedd.com)

## OFFICE TO LET FOR VOLUNTARY ORGANISATIONS

23-25 Y Bont Bridd, Caernarfon, LL55 1AB.

Terms to be discussed.

Contact: Ceren Williams

**01286 672 626**

e-mail: [ceren@mantellgwynedd.com](mailto:ceren@mantellgwynedd.com)

## WCVA TRAINING

Date	Location	Trainer
24 January 2013 <b>Gift Aid Registration Surgery</b>	Y Rhyl	WCVA
30 January 2013 <b>Marketing Planning for Managers</b>	Y Rhyl	WCVA
05 February 2013 <b>Independent Living in Practice</b>	Llandudno	Disability Wales
28 February 2013 <b>Introduction to Payroll Givings</b>	Y Rhyl	WCVA

More information available at [www.wcva.org.uk](http://www.wcva.org.uk)

Or to make a general enquiry contact the WCVA Helpdesk on

**0800 2888329** neu [help@wcva.org.uk](mailto:help@wcva.org.uk)

## MANTELL GWYNEDD

Registered Office:  
23-25 Y Bont Bridd, Caernarfon,  
Gwynedd, LL55 1AB.  
Tel: 01286 672626 • Fax: 01286 678430

Registered Office:  
The Old Police Station, Lombard St, Dolgellau,  
Gwynedd, LL40 1SB.  
Tel: 01341 422575 • Fax: 01341 422147

E-mail: [enquiries@mantellgwynedd.com](mailto:enquiries@mantellgwynedd.com)

Website: [www.mantellgwynedd.com](http://www.mantellgwynedd.com)

## REMEMBER YOU CAN HIRE THE MANTELL GWYNEDD MOBILE UNIT ...

### COST OF HIRING THE UNIT

#### Mantell Gwynedd Members:

£130 per day (50% for each consecutive day thereafter).

#### Non Members:

£150 per day (50% for each consecutive day thereafter).

You are welcome to contact us to discuss special rates ... by e-mailing:  
[enquiries@mantellgwynedd.com](mailto:enquiries@mantellgwynedd.com)

Tel: **01286 672 626**

Or visit our website:  
[www.mantellgwynedd.com](http://www.mantellgwynedd.com)

